

# THE SNFC DIFFERENCE

- Creating healthier lives since 1959
- Personalized nutrition plan & focused personal training session for every member
- 900+ weekly group fitness classes: cycling, yoga, Tabata™, Zumba!™ & more
- Functional fitness areas with the most advanced equipment
- Ladies-only areas & child-minding services
- We pride ourselves on providing the best member experience possible



## Platinum Membership:

All clubs included. Includes all group fitness classes, sauna and towel service where applicable  
Required in order to access Granville St, Park Royal and Morgan Crossing locations

## Gold Membership:

All clubs included **except Platinum level clubs** Includes all group fitness classes  
Required to access St. Edwards Drive, Yaletown and Brentwood locations.

## Silver Membership:

All clubs included **except Gold and Platinum level clubs**  
Includes regular classes only. Classes not included include spin, Zumba. Please see website for details.