

Specialty Diets:

1. **Diabetes**
2. **Gluten Free**
3. **Heart Healthy**
4. **Quick & Easy**
5. **Renal**
6. **Vegetarian & Vegan**

1. Diabetes

Choice Menus - An Easy Guide with Recipes for Everyday Meal Planning
Marjorie Hollands, RD & Margaret Howard, RD ISBN # 0771591675

More Choice Menus - Another Easy Guide with Recipes for Healthy, Everyday Meal Planning
Marjorie Hollands, RD & Margaret Howard, RD ISBN # 0771591675

Choice Menus Presents - Meal Planning with Recipes for One or Two People
Marjorie Hollands, RD & Margaret Howard, RD ISBN # 0771576862

The Best of Choice Menus: Diabetic Cooking and Meal Planning for the Vision Impaired
Marjorie Hollands, RD ISBN # 0470834420

Betty Crocker's Diabetes Cookbook: Everyday Meals, Easy as 1-2-3
Betty Crocker ISBN # 0764567047

The Diabetes & Heart Healthy Cookbook
American Diabetes Association ISBN # 1580401805

The EatingWell Diabetes Cookbook: 275 Delicious Recipes and 100+ Tips for Simple, Everyday Carbohydrate Control
Joyce Hendley ISBN # 0881506338

The Essential EatingWell Cookbook: Good Carbs, Good Fats, Great Flavors
Patricia Jamieson ISBN # 0881506303

<http://recipes.splenda.com/>

2. Gluten Free

The Best Gluten-Free Family Cookbook
Donna Washburn & Heather Butt ISBN # 077880111X

The 125 Best Gluten-Free Recipes
Donna Washburn ISBN # 0778800652

The Gluten-Free Gourmet Cooks Comfort Foods: Creating Old Favorites with the New Flours
Bette Hagman ISBN # 0805078088

The Gluten-Free Gourmet Cooks Fast and Healthy: Wheat-Free and Gluten-Free with Less Fuss and Less Fat
Bette Hagman ISBN # 0805065253

Wheat-Free, Gluten-Free Reduced Calorie Cookbook
Connie Sarros ISBN # 0071423753

The Gluten-Free Kitchen: Over 135 Delicious Recipes for People with Gluten Intolerance or Wheat Allergy
Roben Ryberg ISBN # 0761522727

3. Heart Healthy

Eating Light and Loving It! Simple Recipes for Good Health
Frances Johnson, RD & Shauna Ratner, RD ISBN # 0771575939

Eating Light, Eating Right - Simple Recipes for a Healthy Life
Frances Johnson, RD & Shauna Ratner, RD ISBN # 1552852776

LooneySpoons - Low Fat Food Made Fun!
Janet & Greta Podleski ISBN # 0968063101

Crazy Plates - Low Fat Food So Good, You'll Swear It's Bad For You!
Janet & Greta Podleski ISBN # 0968063128

Eat, Shrink and Be Merry! : Great Tasting Food That Won't Go From Your Lips to Your Hips. Janet & Greta Podleski ISBN # 0968063136

The New Lighthearted Cookbook: Recipes for Heart Healthy Cooking
Anne Lindsay ISBN # 1552636291

Heart Smart
Bonnie Stern ISBN # 0679314121

Heart Smart Chinese Cooking
Stephen Wong ISBN # 1550544969

Meals for Good Health: Low Calorie Recipes with Meal Plans
Karen Graham, R.D., C.D.E. ISBN # 0969677022

Multicultural Cooking
Kay Spicer ISBN # 0969568827

Full of Beans
Violet Currie & Kay Spicer ISBN # 0969568819

<http://www.americanheart.org/presenter.jhtml?identifier=3060793>

<http://www.becel.ca/en/becel/hearthealthyrecipes/default.aspx>

<http://www.cookinglight.com/cooking/>

<http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.3484019/k.C5C8/Recipes.htm>

4. Quick & Easy

Cook Great Food
Dietitians of Canada ISBN # 0778800466

Great Food Fast
Bev Callaghan & Lynn Roblin ISBN # 0778800180

Rachael Ray 30-Minute Meals: Get Togethers
Rachael Ray ISBN # 1891105116

Rachael Ray's 30-Minute Get Real Meals: Eat Healthy Without Going to Extremes
Rachael Ray ISBN # 140082536

Rachael Ray 365: No Repeats: A Year of Deliciously Different Dinners
Rachael Ray ISBN # 1400082544

Real Simple: Meals Made Easy
Editors of Real Simple Magazine ISBN # 1933405031

Betty Crocker's Quick & Easy Cookbook
Betty Crocker Editors ISBN # 0764539302

5. Renal

Cooking for David
Sara Colman, RD, CDE & Dorothy Gordon, BS, RN
ISBN # 0970161700

Creative Cooking for Renal Diets
Cleveland Clinic Foundation ISBN # 0941511006

The Renal Gourmet
Mardy Peters ISBN # 096417300X

The Renal Patient's Guide to Good Eating
Judith Curtis ISBN # 0398056110

The Kidney HELPER Cookbook
Bob & Nathalie Lutfy with Mary Pinto, RD ISBN # 8915460235

Healthy Eating on a Renal Diet: A Cookbook for People with Kidney Disease
Renal Resource Centre, Northern Sydney Area Health Service
ISBN # 0803698879

Seasonal Cooking for Renal Patients
Marilyn Kennedy, RD & Linda Kerr, RD

Cooking the Renal Way
Oregon Council on Renal Nutrition
To Order: (503) 371-8047

Living Well on Dialysis: A Cookbook for Patients and Their Families
Council on Renal Nutrition, the National Kidney Foundation
To Order: email info@kidneyfoundation.bc.ca

The Renal Family Cookbook
Renal Family Inc.

Foods for Life
Morden Dialysis Unit
To Order: The Kidney Foundation of Canada, Manitoba Branch
(204) 989-0805

http://www.culinarykidneycooks.com/recipe_of_the_week.htm

<http://www.renalinfo.com/us/resources/recipes/index.html>

<http://www.myspiceitup.ca/>

<http://www.kidney-cookbook.com/recipeofthemoth.htm>

6. Vegetarian & Vegan

Moosewood Cookbook

Mollie Katzen ISBN # 0898155037

The Enchanted Broccoli Forest

Mollie Katzen ISBN # 0898156017

Rebar: Modern Food Cookbook

Audrey Alsterburg ISBN # 0968862306

Madhur Jaffrey's World Vegetarian: More than 650 Meatless Recipes From Around the World

Madhur Jaffrey ISBN # 0609809237

Moosewood Restaurant Cooks at Home: Fast and Easy Recipes for Any Day

Moosewood Collective ISBN # 0671679929

Betty Crocker Easy Everyday Vegetarian: Meatless Main Dishes You'll Love

Betty Crocker Editors ISBN # 0471753041

How It All Vegan! Irresistible Recipes for an Animal-Free Diet

Tanya Barnard ISBN # 1551520672

The Garden of Vegan: How It All Vegan Again!

Sarah Kramer & Tanya Barnard ISBN # 1551521288

La Dolce Vegan!: Vegan Livin' Made Easy

Sarah Kramer ISBN # 1551521873

Cooking Vegetarian: Healthy, Delicious, and Easy Vegetarian Cuisine

Vesanto Melina ISBN # 1565611721

<http://vegkitchen.com/recipes-galore.htm>

<http://www.vrg.org/recipes/index.htm>