



<http://www.providencehealthcare.org/residentialcareforme>

#ResCare4Me

## Residential Care for Me Update – June 22, 2018

[Residential Care for Me](#) started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most, residents direct each moment* and that *home is not just a place, it is a feeling*.

### Meaningful Moments

Inspired by the stories from Megamorphosis, each week we will highlight a meaningful interaction that brings us one step closer to the vision.

*It only takes a few moments to open the patio door, set up a water pail, help turn on the nozzle and adjust some chairs. Then a little magic happens...these pictures tell the story, but what isn't captured here are the extra special moments: two residents held hands leading each other to the dry pots. Another resident saw raspberries being picked and was enticed to come out on the patio to join in eating the raspberries. After that, the residents sat in the chairs and sunbathed next to each other until dinner arrived.*

~Rebecca Yeung, Physiotherapist, Brock Fahrni



### Kudos & Compliments

Accomplished this week

**Next Megamorphosis:** Planning is starting for the next round of Megamorphosis. While there had initially been plans to go back to Brock Fahrni, the work being done on the sprinklers and the huge task of filling Patsy (clinical nurse leader)'s shoes will make it difficult to start a Megamorphosis in the fall at BF. Meanwhile, MSJ has quietly been preparing themselves by doing their own “micromorphosis”, so they will be the next home for Megamorphosis.

**We're Golden!** The annual BC Health Care Awards luncheon was held this past Monday at the Fairmont Waterfront hotel. We were so fortunate to be able to support residents, families and staff to attend the lunch. Four residents 2 family members, a care aide, a rehab assistant, a music therapist, and a nurse, along with the Megamorphosis leadership team, were at the lunch to accept the Dianna Mah-Jones Award for Excellence in Person-Centred Care on behalf of everyone at Youville and Brock Fahrni who has been a part of Megamorphosis. The Fall-unteer team was also there to accept their Award of Merit for Top Innovation. A video of Megamorphosis was made for the ceremony. You can view it here:

<https://www.youtube.com/watch?v=TN-LVnMuVlo&feature=youtu.be>



**Practice-Based Research Challenge:** Kudos to the two residential care teams that are participating in the research challenge this year. Both presented their proposals to large group of clinicians, researchers and staff today. Jessica, Bing and Agatha from MSJ presented their proposal to evaluate the effectiveness of motion-sensored, under-bed lighting in improving sleep quality in residential care, and Tara from Speech Language Pathology presented her study to find out the prevalence of communication and swallowing disorders in residential care.

## Inspiration

Stories from Others

**Teenage volunteers make dementia residents ‘feel alive’:** <https://bbc.in/2tHG6Q3>

**In the land of immortals: Japan’s centenarian pop band:** <https://cnn.it/2Jz17I8>

**Ending prejudice in care: ‘As we go grey we don’t become less gay’:** <https://bit.ly/2N9TLrf>

## It Takes a Village...

Your help is needed!

### Let’s get the word out!

Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can email Sonia at [shardern@providencehealth.bc.ca](mailto:shardern@providencehealth.bc.ca).

## Important Dates

July 10, 2018	1230-1430 – Residential Care for Me <u>Navigation</u> <u>Group Meeting</u>	Youville 6 <sup>th</sup> Floor
July 27, 2018	1000-1200 – Residential Care for Me <u>Working</u> <u>Group Meeting</u>	Youville 6 <sup>th</sup> Floor