

Residential Care for Me Weekly Update - April 26, 2019

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of **"Megamorphosis."** This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling.**

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



Artsway concerts take place at Langara Residence twice a month and the residents keep telling us that they enjoy it. During an Artsway Concert on Feb 2, 2019 featuring Jon Roper, David Branter and Alan Matheson, our very own resident, Eve Duke, was invited to sing with them. Alan (Jazz Trumpet and piano) recognized Eve from previous encounters in their music careers. Eve was asked to sing with the music group and she said yes. Before they performed, Alan acknowledged Eve and her accomplishments as a musician who performed with Duke Ellington. He even bought the album to show his support of Duke

Ellington and Eve's music. It was a warm moment to have a current musician acknowledge Eve, even though she is no longer performing professionally. Without any prior rehearsal, Jon, David, Alan and Eve brilliantly performed "Love You Madly" and "Sentimental Reason." We would also like to acknowledge that Eve celebrated her one year anniversary in performing at Eve's Café. Eve's Café is held the first Thursday of the month at Langara where Eve performs with Wendy, music therapist. It's always wonderful to see Eve engaging in a meaningful occupation. Once a musician, always a musician.

~Daniel Li, Rehab Assistant

Kudos & Compliments

Highlights from the week

A bicycle built for two: Here is a lovely video about the Duet Bike program at The Views, Comox. What a wonderful opportunity for the residents!

<https://www.youtube.com/watch?v=v1caMI0R58o>



Holy Family Innovation: Residents, staff and families had an opportunity to get a first look at the plans for the new park space at HFH during their Town Hall on Thursday. The landscape architect firm, Hapa, brought a drawing of the proposed park as well as options for plants and asked the HFH community for their feedback and opinions on what plants people would like to see in the garden. Residents gravitated towards plants with lots of colour and texture! Anyone who missed the Town Hall can still see the plans and vote for plant options. The boards are posted on the communication board outside of the Main Dining

Room at HFH.



Happy Birthday Centenarians! This week, MSJ held a party to celebrate the birthdays of residents over the age of 100! With 9 residents 100 years old or older and the oldest resident at 105 years of age, there is a lot of life experience and wisdom living at MSJ. Wishing these residents a wonderful year ahead!

Congratulations!...to Jo-Ann Tait, who has been awarded a Centenary Medal of Distinction by the UBC School of Nursing. This award has been created to mark the celebration of the School of Nursing's 100th Anniversary and recognizes individuals who have brought high honour to the school and/or to the profession of nursing, and/or who have made long-standing/significant contributions to advance its vision, mission, and mandate. Congratulations to Jo-Ann and other PHC colleagues who have received this honour. You can find the full list of awardees here: <https://bit.ly/2GIcirk>

It Takes a Village...

Your help is needed!

Have an Idea that Needs Funding? The St. Paul's Foundation is now accepting applications for Enhanced Patient Care (EPC) Fund grants!. This fund provides small grants (up to a maximum of \$5,000 including taxes and shipping. Requests over \$5K will not be considered) for initiatives, programs, items and equipment that will **directly enhance patient and resident care** at sites operated by Providence Health Care. Ask your leader for the application form. Deadline is **5:00 p.m. on Friday, May 31, 2019**

Calling All Artists! We have an opportunity to design our own hand sanitizer dispenser covers! This will be a contest to create a more home-like, less institutional cover. Designs will be accepted from all homes and from anyone - residents, staff or families. The winning design will be voted on by residents, staff and families. You can email shardern@providencehealth.bc.ca for the template or to submit your artwork.

Working Group Members! Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <http://www.providencehealthcare.org/health-services/seniors-services/residential-care-me/weekly-residential-care-me-update>

Inspiration

Stories to Learn From

Listening to the experiences of dementia patients can help improve caregiving: <https://t.co/FrrSOKsKlq>

After unanimous vote, Toronto council to plan for emotion-focused care in all city-run nursing homes: <https://bit.ly/2GFIf17>

New dementia care approaches are emerging to support patients and families as drugs falter: <https://bit.ly/2IZIQFA>

Important Dates

Apr. 29, 2019: 1400-1430

Launch of Strategic Plan at Langara

Langara 2nd Floor Sunroom

Apr. 30, 2019: 1400-1500

HFH Megamorphosis sustainment meeting - *All HFH residents, family and staff welcome!*

HFH North Wing

May 3, 2019: 0800-1000

Residential Care for Me Working Group Meeting

Youville 6th Floor