



<http://www.providencehealthcare.org/residentialcareforme>

#ResCare4Me

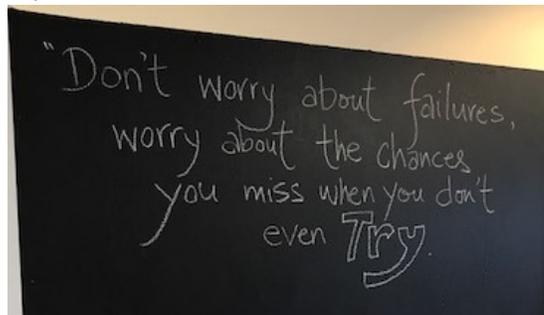
Residential Care for Me Update – April 20, 2018

[Residential Care for Me](#) started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not just a place, it is a feeling*.

Meaningful Moments

Inspired by the stories from Megamorphosis, each week we will highlight a meaningful interaction that brings us one step closer to the vision.

Congratulations to the Youville Team on “graduating” Megamorphosis (the staff’s word – not mine)! Instead of showcasing one meaningful moment this week, I thought we could showcase some of the many meaningful moments that we witnessed over the last two weeks. Click on the picture below, or the link, to see the video:



<https://drive.google.com/file/d/18nCkALFnIA6PST5OGBj9ofLN1Wn4HJCM/view?usp=sharing>

Kudos & Compliments

Accomplished this week



Megamorphosis 2.0: We had many more amazing moments this week. Staff really took Megamorphosis to heart, finding many different ways to make the days resident directed and to connect emotionally. The connections were evident as staff painted and decorated doors for their “buddy” residents. The week ended with an energized celebration where a resident made a speech about the impact of Megamorphosis, and the video above was shown. Here is a PHC news article that ran last week. We will be writing a more comprehensive article for the May 4th spotlight article.

<http://phcnews.ca/news/megamorphosis-youvilles-heather-place-learning-about-whole-person>

Quality Improvement Challenge: Nadra and Jasmine from Holy Family attended the 2-day introductory workshops for the Quality Improvement Challenge this week. They, along with

the HFH team are working on a quality improvement project around increasing participation of families and residents at care conference.

Residents Out on the Town: Kudos to the Langara team for organizing a night out for some residents and families. Thanks to a suggestion by a family member, a small group of residents and family went downtown on the evening of Friday, April 6th to see a presentation by Dr. Gemma Jones.



In the news: Youville Residence made it into Sodexho’s BC Health Care Newsletter in April. Pictures from the Global Chef event as well as a featurette on the Adult Day Program can be found in the newsletter. I have attached it here.

It Takes a Village...

Your help is needed!

Have an idea that needs funding? The St. Paul’s Foundation Enhanced Patient Care Fund grant is back! This fund provides small grants (up to a maximum of \$5000 for initiatives that will directly enhance patient and resident care at PHC. The application is out and are due on May 31st. IF you need more information, please contact Sonia.

More funding... The Centre for Aging and Brain Health Innovation’s SPARK program is accepting applications again starting April 23rd. The Spark program is designed to support innovative products and practices informed by the experience of point-of-care staff working with older adults. Successful applicants can receive up to \$50,000 (CAD) to support their projects. Contact Sonia if you would like more information.

Collecting Meaningful Moments: Let’s keep sharing our great work to help inspire each other! **ANYONE**- please send me meaningful moments that you create or witness. Just send a quick email to shardern@providencehealth.bc.ca with your story.

Inspiration

Stories from Others

Horse is a popular care home visitor: <http://www.bbc.co.uk/newsround/29951923>

Is citizenship the new care for people with dementia?

<https://www.psychologytoday.com/us/blog/iage/201711/is-citizenship-the-new-care-people-dementia>

Important Dates

April 27, 2018	1000-1200 - Residential Care for Me <u>Working Group Meeting</u>	Youville 6 th Floor
May 8, 2018	1230-1430 - Residential Care for Me <u>Navigation Group Meeting</u>	Youville 6 th Floor