



## Residential Care for Me Update – January 19, 2018

[Residential Care for Me](#) started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide and move us closer towards the vision of **L.I.F.E.** Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most, residents direct each moment* and that *home is not a place, it is a feeling*.



<http://www.providencehealthcare.org/residentialcareforme>

#ResCare4Me

### Meaningful Moments

Inspired by the stories from Megamorphosis, each week we will highlight a meaningful interaction that brings us one step closer to the vision.

We have a resident who sometimes does not have the motivation to eat. This is not because he isn't hungry; he is a fellow who overcomes different challenges each day. His table mates often finish their meals before he decides to eat and then he finds himself eating alone. Our wonderful EVS staff will often have lunch in the dining room and noticed that when they started eating so did the resident. They joined him the table and had their lunch and he ate everything on his plate as they engaged him with their laughing and chatting. We do not spend our lives eating alone and I love it when our team members share a meal with our residents at their tables in their home.

~Carrie

### Kudos & Compliments

Accomplished this week

**Meanwhile, at MSJ....:** The St. Paul's Foundation has been busy writing articles that profile the residential care program and our people. They have written a great profile on our very own Carrie Willekes who talks about the future of residential care and why she loves her team.

You can read that article here: [I don't call it elder care, I call it living](#)

They have also posted the first of their three-part “Mother/Son” series this week, profiling a family at MSJ. You can read that article here: [The role of humour, music and human touch in residential care](#)

Well done to Carrie and her community at MSJ, and thanks to the St. Paul's Foundation for bringing attention to the great stories in Residential Care.

### Inspiration

Stories from Others

**Six-minute campaign highlights challenge of caring for long-term care residents:**

<https://www.ctvnews.ca/canada/six-minute-challenge-can-you-get-ready-as-fast-as-nursing-home-residents->

[1.3753212#\\_gus&\\_gucid=&\\_gup=twitter&\\_gsc=g6VJMAd](#)

**‘Increased urgency’ in dementia research as Canada’s population continues to age:**

<http://www.cbc.ca/news/canada/windsor/dementia-alzheimers-research-hope-1.4485657>

**“When doors become events in themselves, they reveal a story of their own”:** A company in the Netherlands produces customized door overlays that resemble the outer door of the person’s previous home... <https://www.truedoors.com/community/>

## It Takes a Village...

Your help is needed!

**2018 Research Challenge:** Applications for the PHC Practice-Based Research Challenge for 2018 are now being accepted. This is a great program for point-of-care nursing and allied staff who are looking to learn more about research and have a question from clinical practice that they want to answer. This program provides funding for successful applicants as well as support throughout the research process. Residential Care has had great success in the past with projects such as the Fall-unteer program (HFH) and the research around supporting staff through the dying process (Anne LeClerc and team). Please encourage your staff to apply. More information can be found here: <http://phcnews.ca/news/announcing-phc-practice-based-research-challenge>

**Collecting Meaningful Moments:** Let’s keep sharing our great work to help inspire each other!

**ANYONE** - please send me meaningful moments that you create or witness. Just send a quick email to [shardern@providencehealth.bc.ca](mailto:shardern@providencehealth.bc.ca) with your story. Don’t worry about spelling or grammar - just capture the moment and why it was meaningful, I will take care of the rest.

**Sharing our strengths:** The working group talked about how we might use our results to improve. **ALL WORKING GROUP MEMBERS** will talk to their teams and identify areas of strength for their sites based on their site’s results. Please be prepared to report back on your conversations at the next meeting.

## Important Dates

January 26, 2018	<i>1000-1200 – Residential Care for Me <u>Working Group Meeting</u></i>	Youville 6 <sup>th</sup> Floor
February 13, 2018	<i>1230-1430 – Residential Care for Me <u>Navigation Group Meeting</u></i>	Youville 6 <sup>th</sup> Floor
February 23, 2018	<i>1000-1200 – Residential Care for Me <u>Working Group Meeting</u></i>	Youville 6 <sup>th</sup> Floor