



<http://www.providencehealthcare.org/residentialcareforme>

#ResCare4Me

Residential Care for Me Update – May 18, 2018

[Residential Care for Me](#) started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most, residents direct each moment* and that *home is not just a place, it is a feeling*.

Meaningful Moments

Inspired by the stories from Megamorphosis, each week we will highlight a meaningful interaction that brings us one step closer to the vision.

I was doing some shopping at Superstore and received a box of free greeting cards with my purchase. I felt that the cards...the love that the cards represent...needed to be shared, so I gave some of the cards out to some residents who I know like to write cards and write things to staff. I am now giving some of the cards out to staff. I've noticed that residents and staff have gotten quite excited to receive cards but also to give the cards to others. I love that such a simple gesture can promote and spread the spirit of positive connections.

~Felix Saldanha, Rehab Assistant, Brock Fahrni Residence

Kudos & Compliments

Accomplished this week



Exemplary nurses: Congratulations to two of our nurses from MSJ Residential Care for winning PHC Professional Practice awards. Bing Li (second from left) won the Sharon Shewalla Surgical Program Award from the St. Paul's Foundation and Jessica Le (middle) won the Professional Practice Rising Star award.

Making waves beyond B.C.: Word about our great work continues to spread. Residential Care for Me and our plans for a dementia village has been noticed by an Ontario Long Term Care Advocacy group that is lobbying their provincial government to design innovative homes for the future. Here is a link to their blog post which references our plans for transformation to a social model of care:

<https://talkingtransformationlongtermcarehomes.wordpress.com/>



"This really is an innovative approach, but I'm afraid we can't consider it. It's never been done before."

#GetLoud: Congratulations to the staff at Youville for winning a gift basket after entering the #GetLoud contest about mental health and helping to reduce stigmatizing attitudes about mental health



It Takes a Village...

Your help is needed!

Have an idea that needs funding? The St. Paul's Foundation Enhanced Patient Care Fund grant is back! This fund provides small grants (up to a maximum of \$5000 for initiatives that will directly enhance patient and resident care at PHC. The application is out and is due on May 31st. If you need more information, please contact Sonia.

Collecting Meaningful Moments: Let's keep sharing our great work to help inspire each other! **ANYONE**- please send me meaningful moments that you create or witness. Just send a quick email to shardern@providencehealth.bc.ca with your story.

Let's get the word out!

Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can email Sonia at shardern@providencehealth.bc.ca.

Inspiration

Stories from Others

Grandparents Day helps kids learn every older person 'has a story to tell' :

<http://www.cbc.ca/news/canada/calgary/grandparents-day-earl-grey-school-aging-children-1.4662101>

Important Dates

May 25, 2018	1000-1200 - Residential Care for Me <u>Working Group Meeting</u>	Youville 6 th Floor
June 12, 2018	1230-1430 – Residential Care for Me <u>Navigation Group Meeting</u>	Youville 6 th Floor