

## Residential Care for Me Weekly Update - November 9, 2018

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of "**Megamorphosis.**" This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most**, **residents direct each moment** and that **home is not just a place, it is a feeling.**

### Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

*There is a new resident at MSJ who has difficulty speaking. He often sits alone at a table and while I had previously tried to engage him in what I was doing, I hadn't had much success. One day, the physiotherapist, Agatha, put some mah jong tiles in front of him. She was amazed to see that he started to line tiles up to create a winning hand. Seeing his interest in mah jong, we started to find opportunities for him to play...and boy could he play! On one particular day, he was so engaged in mah jong that he didn't even want to have his lunch. Since we all needed a break, we told him that we would play again straight after lunch and he agreed. What we didn't expect was how motivated he would be to finish his lunch. I had only turned away for a few minutes and when I looked back, the resident's lunch plate was clear. This is the essence of Megamorphosis - finding out what brings joy to our residents and giving them the opportunity to engage in those things. Kudos to Agatha for trying something new with this resident, and unearthing his passion.*

### Kudos & Compliments

Highlights from the week

**Megamorphosis at MSJ:** Friday marked the end of the two week intense portion of Megamorphosis at MSJ, or perhaps more accurately, it marked the beginning of MSJ's journey and transformation to a social model. Having been inspired by the last two weeks - seeing both the environment change and residents engaging with new things around them - staff are excited to continue the work that has been started with Megamorphosis. Over 30 ideas were tested over the course of the last 2 weeks, but that's only the beginning! You can read more about MSJ's Megamorphosis in this article published in this



weeks

PHC

News: <http://thedailyscan.providencehealthcare.org/2018/11/mount-saint-joseph-residence-gets-a-mega-makeover/>

**Lest We Forget - Celebrating Remembrance Day at Brock Fahrni:** On Remembrance Day, Providence people gathered together at St. Vincent's Brock Fahrni to celebrate and pay tribute and honour those who served before us. A moment of silence was shared amongst staff, volunteers, residents, veterans, and their loved ones when the clock struck the eleventh hour of the eleventh day of the eleventh month. You can read more and see photos from the event here: <http://thedailyscan.providencehealthcare.org/2018/11/lest-we-forget-celebrating-remembrance-day-at-brock-fahrni/>

**Honouring Our Holy Family Veterans:** Here is a wonderful article written by Providence Health Care honouring three incredible women who live at Holy Family Residence: <http://thedailyscan.providencehealthcare.org/2018/11/holy-family-female-veterans/>

## Inspiration

Stories to Learn From

**We are Family:** A worthwhile video about the social model of care featuring a Butterfly Home in the UK <https://www.youtube.com/watch?v=4gcaElkEFfE&feature=youtu.be>

**From Possibilities to Practice:** PHC's 15th annual Leadership Program for Physicians and Leaders in Long Term Care. <http://leadershipltc.providencehealthcare.org>

## It Takes a Village...

Your help is needed!

**Let's get the word out!** Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can sign up with Sonia at [shardern@providencehealth.bc.ca](mailto:shardern@providencehealth.bc.ca).

## Important Dates

**Nov. 13, 2018: 1230-1430**

Residential Care for Me  
Navigation Group Meeting

*Youville Residence, 6th  
Floor*

**Nov. 22, 2018: 1400-1500**

Holy Family Household  
Innovation Project Meeting

*HFH North Wing Dining  
Room*

**Nov. 23-24, 2018**

PHC's 15th Annual  
Leadership Program for  
Physicians and Leaders in  
Long Term Care

*Pan Pacific Hotel*