



<http://www.providencehealthcare.org/residentialcareforme>

#ResCare4Me

Residential Care for Me Update – February 9, 2018

[Residential Care for Me](#) started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not a place, it is a feeling*.

Meaningful Moments

Meaningful interactions that bring us one step closer to the vision

Thanks for Carrie-Ann Longstaffe (Volunteer Coordinator, Holy Family) for sending this week’s meaningful moment:

“Around New Years, one resident expressed her gratitude for my continual visits, “here’s to the new year. I look forward to seeing you every week.” Such simple words warmed up my heart immensely. Both of us smiled at each other and the silence was comforting. Being a Fallunteer has been a rewarding and positive experience for me because of moments like this.”

~Michelle Lim, Fall-unteer, Holy Family Residence

Kudos & Compliments

Accomplished this week

Holy Family Innovation Launch: The household design phase of the Holy Family Innovation Project was launched at the HFH Town Hall on Thursday. Over 70 residents, families and staff were in attendance to hear about the vision for the household as well as the plan to work together to design how the households will work. Household design meetings will be held twice a month (2nd and 4th Thursdays) at 2 p.m. in the Fireside Room. All are welcome!

Megamorphosis version 2.0 is coming! Pre-Megamorphosis observations started this week and will continue next week. The observations are completely anonymous and being conducted by volunteers (community partners and staff) who don’t normally spend time on the neighbourhoods. The observations focus on emotional connections and will allow us to track our progress towards shifting to a social model.



IlluminAid Research: Thank you to Bing Li, a nurse at MSJ, who has volunteered to help evaluate IlluminAid through the PHC Practice-Based Research Challenge. We will be submitting our Letter of Intent next week. Fingers crossed that we get chosen!

Inspiration

Stories from others

Dementia care improved by just one hour of social interaction each week:

<https://medicalxpress.com/news/2018-02-dementia-hour-social-interaction-week.html>

Poetry project helps dementia patients Live in the moment:

<https://www.youtube.com/watch?v=ky-4KVk6Jdw>

Empathy is a Strong suit: An interesting article on how aging simulation can be used to understand the experience of seniors. *"I relented. I just did," he said. "And that's atypical of me. I would normally have said something about the way I was being treated, but I felt vulnerable and was much more tolerant than I otherwise would have been.* <http://homeandlongtermcare.ca/empathy-is-a-strong-suit-aging-simulation/>

It takes a Village...

Your help is needed!

Geriatrics Services Conference – call for abstracts: This year's Geriatrics Services Conference will be taking place on April 6th at the Vancouver Convention Centre. The theme of the conference is Inspiring Connections and will feature research and best practice initiatives in the field of aging. One of the speakers of the day will be Dr. Allen Power who has written about Dementia beyond Drugs, Dementia Beyond the Disease and enhancing well-being. The call for abstracts is out now, with a deadline of Feb. 28th. Please see here for more details:

<http://geriatricconference.providencehealthcare.org/sites/silver.providencehealthcare.org/files/PosterPresentations-Geriatric-10Nov2017.pdf>

2018 Quality Improvement Challenge: A great opportunity for staff who are interested in learning more about quality improvement. They will be mentored through QI methods while working through a priority project. Please contact Sonia for more information, if you are interested.

Collecting Meaningful Moments: Let's keep sharing our great work to help inspire each other! **ANYONE** - please send me meaningful moments that you create or witness. Just send a quick email to shardern@providencehealth.bc.ca with your story.

Important Dates

February 13, 2018	1230-1430 – Residential Care for Me <u>Navigation Group Meeting</u>	Youville 6 th Floor
February 23, 2018	1000-1200 – Residential Care for Me <u>Working Group Meeting</u>	Youville 6 th Floor
March 13, 2018	1230-1430 – Residential Care for Me <u>Navigation Group Meeting</u>	Youville 6 th Floor