



## Residential Care for Me Weekly Update - July 6, 2018

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of *"Megamorphosis."* This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most, residents direct each moment* and that *home is not just a place, it is a feeling.*

### Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

It all started with a dream. One of our regular participants at Artworks shared with us his dream of having cooked a meal. We could almost taste the meal as he described in detail how he had made cacciatore chicken - a recipe he was fond of making when he had lived at home. As he reminisced about the food and how tasty it was, his eyes lit up, he became excited and his voice filled with longing. His enthusiastic comments, "it was so good" and the detail he went to in describing how he had prepared the chicken left us all smacking our lips in hunger. As we created art we fantasized about what would be a good side dish to accompany the chicken, what date would work if we had the meal, and who he would invite. During this process in Artworks we noticed that what we had taken for granted, a home cooked meal, was of utmost importance to many of our residents - many longed for the forgotten meal. We decided to put our words into action. Artwork staff brought the necessary utensils from home, arranged who would buy the groceries and who would marinate the chicken. Our resident marinated the chicken and applied his special ingredients the night before our big event. The morning of the 'feast', bright and early he came to the studio excited and eager to continue the preparations. Our table was set for six; he invited other residents and staff who were all eager to share in his meal. The resident was full of stories, sharing with us how many times he had cooked this meal and how important it was sharing it with us. The meal was so successful that he asked if we could do it again soon. The other veterans were grateful to share the meal with him and welcomed the opportunity to create another meal. We set a new date, other veterans eager to share the grocery bill and help plan the menu, and thus we were able embrace the spirit of Megamorphosis '*home is not a place, it is a feeling*', and '*emotional connections matter most.*'

~ Zana Becker, Artworks

### Kudos & Compliments

Accomplishments

**Brock Fahrni Introduces the Gentle Persuasive Approach:** The plan had originally been to return to Brock Fahrni within a year of being at the Orange Neighbourhood, however Brock Fahrni also has the opportunity to implement the Gentle Persuasive Approach (GPA) throughout their home. Built on the foundation of knowing residents and

making emotional connections, GPA aligns with the work of Megamorphosis. The focus for Brock Fahrni over this next year will be to both integrate and sustain the Gentle Persuasive Approach and megamorphosis will return to Brock Fahrni after the GPA work.



**Living the Mission:** Providence Day Celebration was at St. Vincent's: Langara on Thursday June 28/2018 where residents, families and staff joined together with the senior leadership team to unveil the Providence Mission award winners for 2018 and to celebrate nominees from our home. The nominees from St. Vincent's: Langara were Cedric Soriano (Clinical Nurse Leader), Dr. Les Sheldon, Anna Cameron (Registered Nurse) and Noreena Gonzales (Registered Nurse). The nominees were

presented with a PHC certificate by our resident family council chair Dominic Vincelli and the ice-cream and brownies were a welcome treat for all present. The video of the award winners was inspirational and a meaningful way for us to be reminded of the mission at Providence Health Care. This tradition of publicly honouring staff who are dedicated to meeting the physical, emotional, social and spiritual needs of residents served through compassionate care was a reminder that emotional connections matter most.

**Holy Family Innovation Project Artwork:** A muralist will be coming to Holy Family next week to create some artwork at the entrance to the North Wing. Her name is Ann and she loves to chat with residents, families and staff and build that into the art. Please say hi if you see her around. Stay tuned for an after picture...



**Honourable Mention:** The work of PHC and Megamorphosis was cited as a leading model in a BC Care Provider's Association commentary article about changing philosophies in dementia care. You can read the article here: <https://bit.ly/2tWQ53V>

## Inspiration

Stories to Learn From

**Grandkids on Demand?** An article about a service that connects college students with seniors: <https://tcrn.ch/2zallw9>

## It Takes a Village...

Your help is needed!

**Let's get the word out!** Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can sign up with Sonia at [shardern@providencehealth.bc.ca](mailto:shardern@providencehealth.bc.ca).

## Important Dates

**July 10, 2018: 1230-1430**

Residential Care for Me  
[Navigation Group](#) Meeting

*Youville 6th Floor*

**July 12, 2018: 1400-1500**

Youville Community  
Gathering: **all Youville  
residents, family and staff  
welcome!**

*Youville 6th Floor*

**July 12, 2018: 1400-1500**

Holy Family Innovation  
Project Working Group  
Meeting: **all HFH residents,  
family and staff welcome!**

*HFH Main Dining Room*