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#ResCare4Me

## Residential Care for Me Update – April 6, 2018

[Residential Care for Me](#) started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not just a place, it is a feeling*.

### Meaningful Moments

Inspired by the stories from Megamorphosis, each week we will highlight a meaningful interaction that brings us one step closer to the vision.

*I was working at Langara one day, and as a casual rehab assistant, I sometimes find myself with a little bit of flexibility in my schedule. It was breakfast time, so I approached a care aide to ask if I could help with breakfast. She seemed a bit surprised at first and asked who I was, but was happy for the help. Little did I know that this simple gesture would have such a large impact. It was mentioned at a meeting, and word eventually made it to my leader! I was only doing what I would have done at Youville but was happy that I could bring a piece of Megamorphosis to another home.*

*Lindsay Wrightson, Rehab Assistant*

### Kudos & Compliments

Accomplished this week

**Megamorphosis 2.0:** We had a fun and energizing tea party on Tuesday talking about everyone’s “superpowers”. Staff and residents created buttons with their strengths. Words like humour, strength, honesty, caring and constant gardener could be seen proudly worn on peoples’ shirts. Also accomplished this week: the community tree on Heather Place is now in place and ready to be populated; also, to test out the painting process for work around personalizing resident doorways, Sandra Misokvic and Shairoz Jamal painted their door. If you are at Youville, drop by to see their amazing red door and find out why they chose the colour red.

**Culture Change Inspiration:** We welcomed Dr. Allen Power on Thursday to talk about culture change in long term care. He gave an inspiring talk on the need to think beyond dementia as a disease and presented his model for well-being. The 4 hours flew by for the residents, family and staff who attended.



**Geriatric Services Conference:** Kudos to the many teams who presented posters at the Geriatric Services Conference on Friday. Poster presentations included Fall-unteers (Nadra Ali,

Carrie-Ann Longstaffe and Jasmine Narayan), Partnering with family members to create an end-of-life brochure (Sandra Miskovic, Jenica Burns and Chris Whyte), Megamorphosis (Rebecca Yeung and Sonia Hardern) and Caring for LTC Residents through the Dying Process (Chris Bernard, Anne Leclerc, Kit Chan and Karen Pott)

## It Takes a Village...

Your help is needed!

**Megamorphosis Volunteers:** We can still use some more volunteers for Megamorphosis at Youville. Anyone wanting to experience Megamorphosis and would be willing to help out during Youville's 2 week Megamorphosis April 9-20<sup>th</sup> can sign up with Sonia.

**Have an idea that needs funding?** The St. Paul's Foundation Enhanced Patient Care Fund grant is back! This fund provides small grants (up to a maximum of \$5000 for initiatives that will directly enhance patient and resident care at PHC. The application is out and are due on May 31<sup>st</sup>. If you need more information, please contact Sonia.

**Collecting Meaningful Moments:** Let's keep sharing our great work to help inspire each other! **ANYONE**- please send me meaningful moments that you create or witness. Just send a quick email to [shardern@providencehealth.bc.ca](mailto:shardern@providencehealth.bc.ca) with your story.

## Important Dates

April 9, 2018	<i>Megamorphosis 2 week intense starts</i>	Youville
April 10, 2018	<i>1230-1330 - Residential Care for Me <u>Navigation</u> Group Meeting</i>	Youville 6 <sup>th</sup> Floor
April 12, 2018	<i>1400-1500 – Holy Family Improvement Clinical Planning Working Group Meeting</i>	HFH Main Dining Room
April 20, 2018	<i>1400-1500 Megamorphosis Celebration Town Hall</i>	Youville - Main Floor