



<http://www.providencehealthcare.org/residentialcareforme>
#ResCare4Me

Residential Care for Me Update – May 4, 2018

[Residential Care for Me](#) started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not just a place, it is a feeling*.

Meaningful Moments

Inspired by the stories from Megamorphosis, each week we will highlight a meaningful interaction that brings us one step closer to the vision.

Last Thursday I was in the Brock Fahrni dining room working as a greeter. I turned the TV from movie mode to music and suddenly the room was filled with beautiful waltz music. The RCA, Rita, started to follow the beat – she danced and swirled and turned in the dining room while the residents watched. I asked one of the nurses if she knew how to dance. She said yes, and before I knew it, she had taken my hand and was leading me to dance. At one point, without even planning it, we separated and each picked a resident to dance with. Suddenly, the whole room was filled with laughter and joy. As I was leaving the dining room after, I passed by a resident who often avoids eye contact with me. This time, he grabbed my hand and said thank you. I feel so honoured to be a part of this team that create laughter, joy and appreciation in the small moments.

Joseph Sun, Nurse Educator – Brock Fahrni

Kudos & Compliments

Accomplished this week



Bon Voyage: Farewell to the wonderful Linda Dufresne who is retired as of today. She has done such a wonderful job of keeping all of us organized over the years (and keeping Robena supplied with chocolate). We are truly going to miss her.

The More We Get Together: Youville’s Megamorphosis held the Spotlight article in this week’s PHC News. You can read the article here:

<http://phcnews.ca/news/more-we-get-together-megamorphosis-transforms-youville-community>

Meanwhile.... Doors continue to be painted and decorated at Youville. The staff have really taken this initiative to a new level. Kudos to all at Youville who are helping residents personalize their doors.



It Takes a Village...

Your help is needed!

Have an idea that needs funding? The St. Paul's Foundation Enhanced Patient Care Fund grant is back! This fund provides small grants (up to a maximum of \$5000 for initiatives that will directly enhance patient and resident care at PHC. The application is out and are due on May 31st. IF you need more information, please contact Sonia.

More funding... The Centre for Aging and Brain Health Innovation's SPARK program is accepting applications again starting April 23rd. The Spark program is designed to support innovative products and practices informed by the experience of point-of-care staff working with older adults. Successful applicants can receive up to \$50,000 (CAD) to support their projects. Contact Sonia if you would like more information.

Collecting Meaningful Moments: Let's keep sharing our great work to help inspire each other! **ANYONE**- please send me meaningful moments that you create or witness. Just send a quick email to shardern@providencehealth.bc.ca with your story.

Important Dates

May 8, 2018	1230-1430 - Residential Care for Me <u>Navigation</u> <u>Group Meeting</u>	Youville 6 th Floor
May 25, 2018	1000-1200 - Residential Care for Me <u>Working</u> <u>Group Meeting</u>	Youville 6 th Floor