



<http://www.providencehealthcare.org/residentialcareforme>

#ResCare4Me

Residential Care for Me Update – March 2, 2018

[Residential Care for Me](#) started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not just a place, it is a feeling*.

Meaningful Moments

Inspired by the stories from Megamorphosis, each week we will highlight a meaningful interaction that brings us one step closer to the vision.

The St Vincent Langara community is blessed to have a group of wonderful and dedicated RCAs who love to decorate the nursing units for Christmas and Chinese New year each year. Our talented Rehab team decorates the atrium and other large areas but the RCAs and other unit staff come in early or stay late to decorate the units. This tradition has become a team effort as residents and families also join in sharing ideas and encouragement with the RCAs as they arrange garlands and bows around the units. The RCA team count on residents to give the nod of approval that everything is "just right" once the project is complete. The residents often remark that decorating with the RCAs reminds them of decorating their own homes. Once the project is done everyone celebrates with a snack! This year the SVL community is looking forward to more seasonal decorating in the nursing unit areas.

~ Linda Fox, SVL Family Member

Kudos & Compliments

Accomplished this week

Almost Famous: There has been much media attention this week on PHC's vision for a dementia village. Here are links to various interviews that our ever camera-ready leader, Jo-Ann Tait took part in:

- **Global News Interview:** <https://globalnews.ca/news/4055230/dementia-village-vancouver/>
- **Radio interview:** <https://omny.fm/shows/the-simi-sara-show/providence-health-care-looks-at-creating-dementia>



Megamorphosis 2.0: Youville staff started Megamorphosis pre-work this week with a focus on the theme of Residents Direct Each Moment. Heather Mak and the team at Youville led the work around care alert boards and having RCAs lead huddles. The objective of this pre-work is to place maximum possible decision making authority in the hands of our residents, or those

closest to them. It is also working towards the use of a positive feeling-based approach to reporting back and sharing people’s daily life, rather than a medicalized model focused only on people’s bodies and physical functioning.

Making Connections: We had the chance to host 3 visitors from the Scottish Quality and Safety Fellowship Programme at Youville this week (including the National Dementia Lead for Scotland). They were very impressed by the work of Residential Care for Me and Megamorphosis!



It Takes a Village...

Your help is needed!

Dr. Allen Power – Culture Change Workshop: Managers – please send names of workshop attendees to Sonia based on the proposed attendee numbers for each home. Due to limited seating, we are trying to provide this opportunity to people who did not have a chance to attend the David Sheard workshop in November. If anyone is interested, please speak with the manager at your home to see if there are any spots left.

Collecting Meaningful Moments: Let’s keep sharing our great work to help inspire each other! **ANYONE**- please send me meaningful moments that you create or witness. Just send a quick email to shardern@providencehealth.bc.ca with your story.

Inspiration!

Everyone has a story to tell – the power of storytelling:
<https://blog.memorywell.com/>

Canada’s first ‘dementia village’ is set to open its doors in Langley B.C. next year:
<http://nationalpost.com/news/canada/canadas-first-dementia-village-is-set-to-open-its-doors-in-langley-b-c-next-year>

Important Dates

March 5 - 9, 2018	<i>Megamorphosis Pre-Work @ Youville: Emotional Connections Matter Most</i>	Youville
March 13, 2018	<i>1230-1430 – Residential Care for Me <u>Navigation Group Meeting</u></i>	Youville – 6 th floor