

**Elder Care Geriatric Outpatient Clinic
REFERRAL**

St. Paul's Hospital (SPH) Clinic
Mount Saint Joseph Hospital (MSJ) Clinic

CENTRAL INTAKE FAX: 604-806-8390
FAX all relevant information including current medications, allergies, diagnostic and consult reports.

Date of referral: _____

Appointment requested for:

Name: _____ Phone: _____

Address: _____

DOB: (MM/DD/YYYY): _____ PHN #: _____ PARIS #: _____

Contact person for appointment:

Patient Other - Name: _____ Phone #: _____ Relationship: _____

Interpreter Requested: (Specify language) _____

Referring source: *(for physician appointment, must be NP or physician referral)*

Family Physician *(name & phone #):* _____

Geriatric Emergency Nurse *(via ED Physician) (name):* _____

Rapid Access appointment given *(date and time):* _____

Other *(name, discipline & phone #):* _____

Family Physician notified of referral

Reason for referral: Cognitive changes Functional decline Multiple health issues Polypharmacy
Indicate here and/or Tenuous living situation Behavioural concerns Incontinence Falls Other _____
provide more info below.

MEDICAL SERVICES REQUESTED:

Geriatric Medicine

- Comprehensive geriatric assessment
- Cognitive assessment
- Falls assessment
- Pre-operative assessment
 - Urgent (1 to 2 weeks)
 - Regular: _____
Estimated Surgery Date

Home visit for homebound elders

Other: _____

Geriatric Psychiatry

- Cognitive assessment
- Behavioural features of dementia
- Mood/Anxiety/ Psychosis
- Geriatric psychiatry outreach for homebound elders
- Caregiver stress
- Other: _____

OTHER SERVICES REQUESTED:

- Continence Clinic
- Nurse Continence Advisor

Occupational Therapy

- Cognitive strategies
- Optimize function & safety
- Sleep strategies / CBT-I
- Caregiver skill building

Physiotherapy

- Balance & mobility
- Musculoskeletal
- Vestibular

Social Work

- Patient & caregiver support
- Advance care planning
- Community resources
- Financial stressors

Please refer to the reverse for description of services offered by each discipline.

FOR PROMPT BOOKING, ENSURE ALL SECTIONS ARE FULLY COMPLETED AND RELEVANT INFORMATION IS FAXED.

Acknowledgement of Referral: Thank you for this referral. We will contact you shortly with an appointment date and time. We ask that your office provide the appointment details to your patient.

Elder Care: Geriatric Outpatient Clinic REFERRAL FORM

The Geriatric Ambulatory Clinics at St. Paul's Hospital and Mount Saint Joseph Hospital provide an interdisciplinary approach to older adults (65+), living in the Vancouver region, who are experiencing health changes that impact their physical, cognitive or psychosocial well being.

Referrals to geriatricians and geriatric psychiatrists must be approved by a family physician or hospital based physician. Referrals to other members of the interdisciplinary team can be made by any health care provider.

INFORMATION FOR THE FIRST VISIT:

- This visit may take up to 2 hours.
- Please instruct patient to bring their care card, medications, and a family member or friend to help them understand and remember information.

SERVICES OFFERED:

Geriatric Medicine

- Comprehensive geriatric assessment, cognitive assessment diagnosis and management, medical review, pre-operative assessment, falls assessment, medical assessment of homebound elders

Geriatric Psychiatry

- Cognitive assessment, treatment of behavioural features of dementia, assessment and treatment of mood, anxiety and psychosis, geriatric psychiatry outreach to homebound elders.

Continence Clinic

- The multidisciplinary Continence Clinic includes a geriatrician, a nurse continence advisor and a pelvic floor physiotherapist, who treat patients with urinary incontinence, bowel incontinence and pelvic organ prolapse.

Nurse Continence Advisor

- Assessment and management of urinary and bowel incontinence and their related symptoms.

Physiotherapy

- Balance and gait retraining, vestibular rehabilitation for inner ear dysfunction and dizziness, fall prevention, musculoskeletal assessment and management to optimize function.

Occupational Therapy

- Cognitive assessment and treatment, mild cognitive impairment and dementia education for patients and families, individualized memory, brain health and sleep strategies, assessment of day to day function to optimize safety and independence, caregiver support and skill building.

Social Work

- Future planning for patient and caregiver support, linking with community resources and psychosocial stressors.

Access to neuropsychologists available via internal clinic referral only