

Post-Covid-19 Recovery Clinic Frequently Asked Questions

What is the purpose of this clinic?

This clinic **supports people recovering from COVID-19**. It provides a place for patients, health care providers and researchers to learn together about potential longer-term effects of COVID-19 as we track symptoms and treatments to improve them. This clinic is designed to see patients at **3 or more months post-symptom onset** and at standardized intervals of time (3-6-12 months following illness).

The main **goals of the clinic** are to:

1. Provide you with **reassurance**
2. **Monitor** your recovery with regular tests (e.g. blood work)
3. Provide you, and healthcare workers, with important information to support your recovery
4. Collect **data for research** to better understand COVID-19

How will we help you?

Survivors of COVID-19 have helped us design this clinic. We will meet with you, in-person or virtually (computer or phone) to ask you questions, we may arrange for medical tests (e.g. bloodwork, CT Scans, etc.), and guide you to medical professionals and to resources that will support your recovery. We will help you find the right supports for your health and well-being – whether you are feeling down, anxious or curious about what your experience with COVID-19 means for your long-term health.

Who can come to this clinic?

Anyone who has tested positive for COVID-19 or has been confirmed as an epi-linked case can be referred to our clinic through your GP. After meeting with you and reviewing your medical history we will arrange for either ongoing care from your family doctor or follow-up appointments at the clinic. **Given that there are so many people in BC who have tested positive for COVID-19, we will not be able to see all patients in the clinic.**

Who will you see at clinic?

Our multidisciplinary team consists of a General Internal Medicine Doctor, a Registered Nurse and a Social Worker. Our Unit Clerk will help to organize appointments, tests etc.

We may refer you to other specialties (experts in heart, kidney, lung, psychiatry, rehabilitation, etc.).



What do you need to do?

1. Get the **bloodwork** done
2. Complete the **questionnaires** (these help us learn about your symptoms over time)
3. Attend **appointments** that have been arranged for you
4. Learn about **research opportunities**

Do you need to come in person?

Not necessarily. We will try to accommodate **virtual visits** (computer or phone) but may ask that you come to the hospital for an in-person assessment and for research bloodwork.

Who do you contact if you have questions?

Continue to contact your GP for questions, referral or concerns regarding your recovery.