



Home for Us Weekly Update - August 16, 2019

Home for Us started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of **"Megamorphosis."** This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling.**

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



A few months ago we were fortunate to receive additional 0.6 FTE to enhance the rehabilitation services at Langara. We completed a survey to identify our resident's needs in the Rehab Program and found the residents really wanted more evening programs, increase 1:1 sensory stimulation, exercise, and deeper social and cognitive engagements.

One of the new Monday evening programs we added was called "Chat and Chew". In this program, residents engage in deeper discussions on a multitude of topics such as politics, world events and science. It was also the perfect opportunity to play board games and engage in other activities that the residents desired.

This past Monday we played "Wheel of Fortune" (a game funded by family council through EPC grants, Thank You!). One of the residents got to be the banker, one resident ticked off which letters were called and the rest just got to play by guessing letters and working their way to see what the final phrase was. What fun we all had!!

The garden was also the perfect meeting spot as it is such a beautiful space. We look forward to more fun Monday evenings together!



~ Stephanie Wickham, Rehab Assistant, Langara

Kudos & Compliments

Highlights from the week



There isn't much that tastes better than ice cream on a hot summer day!

To help celebrate our 3M Health Care Quality Team Award that PHC received in June, we invited Rocky Point Ice Cream to bring their truck and locally crafted treats to Langara, Brock Fahrni, Youville Residence, Honoria Conway, Mt St Joseph's and Holy Family Hospital.

In the period of two days, over 1300 ice cream cones were served and endless smiles and laughter was shared.

Whether it was lounging in the sunshine at the Brock Fahrni garden or sitting under tents and listening to live music at Holy Family Hospital, the mood was buoyant and exuberant. It was heartwarming to see our residents decide between the many ice cream flavours and giggling

over second and third helpings. They expressed delight and enthusiasm for the party and the opportunity to enjoy the beautiful weather. Lots of energy was displayed from our residents and we are so pleased to have these moments with this community. This event showed us all that dessert is a common language between all cultures and ages!

Thank you to staff, family members and volunteers for their help in making the event so spectacular and memorable. Special thanks to Michael Lee, Director Health Care Business Group, 3M Canada and Shaf Hussain, VP Public Affairs, Communications & Stakeholder Engagement for sharing the day for us.



Please follow the link for more information: <https://bit.ly/2Z3poeZ>

It Takes a Village...

Your help is needed!

Working Group Members! Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <https://bit.ly/2HctSXQ>

Inspiration

Stories to Learn From

Do We Need to Keep Repeating the Past: Is Bathing Still a battle? <https://bit.ly/2MoWfWm>

Important Dates

As part of Seniors Quality Leap Initiative's (SQLI) commitment to sharing best practices, below is the schedule for upcoming free webinars: <https://clri-ltc.ca/>

August 22, 2019 - Supporting the Rainbow Community: Real Stories

August 30, 2019 11am

Veteran's Candlelight
Tribute

*Brock Fahrni 3rd Floor
Garden weather permitting.
Otherwise 3rd Floor
Multipurpose Room*

**September 14, 2019 10:00-
1:30pm**

Providence in the Park

*Oppenheimer Park on 400
Powell Street*

**September 18, 2019 10:00-
3:30pm**

Talks + Tables

*Van Dusen Botanical
Garden*