

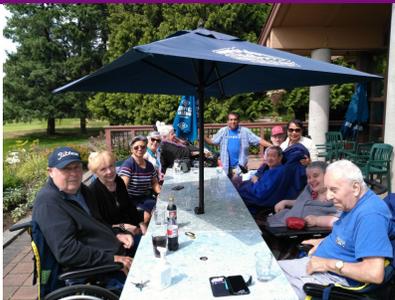


## Home for Us Weekly Update - August 30, 2019

Home for Us started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of **"Megamorphosis."** This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling.**

### Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



#### *Special Trip to Langara Golf Course*

*Breaking the mould and trying new experiences proved to be 'a hole in one' for the Brock Fahrni community.*

*Jennifer, Pauline and Felix brainstormed ways to get residents who were passionate golf players before coming to our facility, out on the links. Although wheelchairs can't tee off on the greens, we worked to get them as close to the action as possible. Here they enjoyed a cold beer and delicious food just off the main fairway which enabled*

*them to watch the other golfers tee off.*

*It was a glorious sunny day. When the group arrived at Langara Golf Course they were seated on the patio, where they had an unobstructed view of tree-lined fairways and rolling greens. . Felix was our cheerleader by keeping everyone entertained with his lively chatter, while Pauline volunteered as a hostess in coordinating with Club Staff.*

*Following lunch, the group explored the Club's perimeter with the help of our dedicated volunteer Toni and our compassionate companion Yolanda. Our residents wandered along the pathways admiring the flowers and revelling in the lively atmosphere of the busy course. It was a special day; a truly meaningful event that evoked happy memories of earlier times and of other golfing adventures. Many thanks to Brock Fahrni for organizing the event!*



*~ Catherine Floe, spouse of Norman*

## Kudos & Compliments

### Highlights from the week



HFH RN Angela will always think 'outside the box' to support our residents.

She recently devised a portable umbrella for one of our residents who loves to be outdoors but often will sit in direct sun and get over heated. This combination of umbrella and IV pole was just the answer!

*~ Rae Johnson, HFH Resident Care Manager & Site Leader*

Come Alive is .... well, alive and well at Youville! Over the past month, the team has gathered to talk about appropriate use of antipsychotic medications, as well as how changes in the brain impact the experience of people living with dementia. We are moving forward with building our 'Creativity Tool' kit and deepening our understanding of why people sometimes express themselves in ways that challenge us, but also worry us, and how we can respond in ways that enhance well-being while maintaining safety for all. As we move forward, we will get to know the people we serve beyond the level of basic needs in order to continue to enhance quality of care and quality of life of each person living at Youville Residence.

Great start team!

PS. If you are a Youville Residence resident or family member reading this, please talk to Jenny or Sharon about the 'All About Me' kit.

*~Kim Smith, Seniors Health Program Specialist Geriatrics- Dementia*

## It Takes a Village...

Your help is needed!

**Working Group Members!** Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <https://bit.ly/2HctSXQ>

Registration for the **79<sup>th</sup> Annual Conference on Addictions and Mental Health: Caring for Ourselves and Others** is now opened! The conference is hosted by the Catholic Health Association of BC and is a great opportunity to learn of the mental health challenges and the growing use of opioids and narcotics we are facing in our long term care home and hospitals. The conference is on Thursday, September 19, 2019 and details and registration form can be found here: <https://www.chabc.bc.ca/>



## Inspiration

## Stories to Learn From

Know My Story: Learning who people are improves life for older patients, families, caregivers, staff: <https://bit.ly/2NlbpF9>

## Important Dates

**September 06, 2019 8:00-10:00am**

Home for Us Working Group

Youville, 6th Floor

**September 14, 2019 10:00-1:30pm**

Providence in the Park

*Oppenheimer Park on 400 Powell Street*

**September 18, 2019 10:00-3:30pm**

Talks + Tables

*Van Dusen Botanical Garden*