



Home for Us Weekly Update - June 14, 2019

Home for Us started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of "**Megamorphosis**." This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling**.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

Elvis for Mother's Day!



What a fun and lively performance it was for Mother's Day here at St. Vincent's Langara.

We love to celebrate as many occasions as possible and this event was extra special for our lovely ladies.

We invited "Elvis Presley" to Langara to sing his greatest hits and show off his dance moves in front of the smiling and clapping audience.

"He was absolutely eccentric and fun!"

"He had dance moves like the late Elvis and we were very entertained by him!"

To conclude the event, we passed out tissue paper flowers which some of the residents helped make in the Arts and Crafts program. In the past, we would have normally given out real carnations but we decided that it would be nice to have flowers that will last a lot longer.

-Anna Nguyen, Occupational Therapist St Vincent's Langara

Kudos & Compliments

Highlights from the week

CCHL National Conference- 3M Health Care Quality Award: Congratulations to the Home for Us team for all of their hard work that has led to Megamorphosis and to winning the 3M Health Care Quality Award. The award was presented at the National Health Care Leadership Conference in Toronto on June 11th. Deb Mitchell, Jo-Ann Tait, Charlene Neufeld, Veronica Merluza, Myrna Guevara, Ariel Seah and Jennifer McDougall were present to accept this prestigious award. The 3M award video can be watched here:



<https://bit.ly/2IG2akK> Additional article on this incredible accomplishment can be read here: <https://bit.ly/2GcBwP6>

More information on the upcoming local celebration will follow shortly!



St Michael's Centre new CEO: We are delighted to announce that Arif Padamshi is the new Chief Executive Officer of St Michael's Centre (SMC). Arif is well known to many having been with PHC for over 14 years supporting St Vincent's Langara as a Site Leader and at Youville Residence as the Interim Site Leader and Resident Care Manager. Arif has graced us with his passion and value-based leadership and we wish him well in his future endeavors.

Langara Yard Sale: On an early Saturday morning, St. Vincent's Langara held a yard sale in its community to raise funds for the Scotia Run. Neighbors mingled with residents and staff as they browsed through a variation of clothing, art supplies, children's wares and lots of jewellery and trinkets. Residents were excited for an opportunity to do a little shopping and enjoyed trying on scarves and bartering for jewelry. Items were sold at best offer donations with the knowledge that funds would go back to benefit our residents. It was a successful day in the sunshine where we raised approximately \$750. Thank you to all that volunteered and participated in making the yard sale happen and to those who generously donated.



It Takes a Village...

Your help is needed!

Do you need funding for your innovative idea in aging + brain health? The Centre for Aging + Brain Health Innovation (CABHI) has officially launched the 2019 Spark Program. CABHI is inviting point-of-care staff to accelerate their ideas into innovations that can improve the lives of older adults, persons with dementia and their care partners. The Spark program provides **up to \$50,000 (CAD)** in project funding over 12 months that can be used to develop and refine early stage solutions or to adapt and test a commercially available solution in a seniors' care environment. Two projects in our program have previously benefited from this grant: the prototyping of **IlluminAid** (in partnership with the Emily Carr Health Design Lab) and the **Cover and Comfort Wrap**. To learn more about this opportunity, you can visit: <https://www.cabhi.com/2019-spark-program-call/> The deadline is July 5, 2019.

Working Group Members! Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <https://bit.ly/2HctSXQ>

Inspiration

Stories to Learn From

- **A personal story on a son's experience when his father developed dementia.** <https://bbc.in/2X0q9v7>
- **Person-Centred Care: The Not So Secret Ingredient in Your Next Performance Improvement Plan** - <https://bit.ly/2wW3TwU>

Important Dates

June 17, 2019 0130-0300

HFH Summer Fair - *All HFH residents, family and staff welcome!*

HFH Main Dining Room

July 05, 2019: 0800-1000

Home for Us Working Group Meeting

Youville, 6th Floor

July 08, 2019 1200-0100

HFH - PHC Anniversary Celebration

HFH Cafeteria