



## Home for Us Weekly Update - July 12, 2019

Home for Us started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of "**Megamorphosis.**" This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling.**

### Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



*"The Habanera", "The Blue Danube", "Pretty Woman"... and other familiar Chinese tunes fill the MSJ hallways and dining room few mornings a week. In the past few months, the music therapist and rehab assistants have partnered together to liven up our Community Gatherings.*

*The gatherings are well attended, drawing 30 to 35 residents who actively participate through exercising, dancing, singing, improvising and playing instruments. We found that the combination of music and exercise have an overall positive impact on the environment, the residents and staff. These meetings provide ample opportunities for care staff to flow in and out and mingle with their residents in song and dance.*

*We observed that residents are more inclined and motivated to move when they see their RCAs and RNs interacting with them in a fun space. Those who are socially isolated dance down the hallway when they hear music and join the group. Some residents who tend to sit on the peripheral have slowly taken on more active participation. Volunteers reported seeing a positive change and improvement in the resident's general conditions. Staff reported residents are more alert and awake during these gatherings.*

*I would like to thank the RAs and care staff for their support and willingness to take part in these community gatherings, thereby creating and enjoying many meaningful moments with the residents in their home.*



Eva Wong, MSJ Music Therapist

## Kudos & Compliments

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Highlights from the week

**We all scream for ice cream:** As part of the prize that comes along with the 3M Health Care Quality Award, Rocky Point Ice Cream Truck will be visiting each of our homes on August 13th and 14th. More details to follow shortly.

## It Takes a Village...

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Your help is needed!

**Working Group Members!** Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <https://bit.ly/2HctSXQ>

## Inspiration

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Stories to Learn From

**Care home consultant wants to change the dialogue around dementia:** <https://bit.ly/2XEpdgk>

**From the Daily Scan: Mount Saint Joseph hosts a wedding so a resident can see her son tie the knot:** <https://bit.ly/2YPqvvI>

## Important Dates

As part of Seniors Quality Leap Initiative's (SQLI) commitment to sharing best practices, below is the schedule for upcoming free webinars: <https://clri-ltc.ca/>

**July 16, 2019** - Wise Leadership and Culture Change: Getting Started

**August 22, 2019** - Supporting the Rainbow Community: Real Stories

**July 27, 2019 1000-1600**

Village Langley Public Open House

<https://bit.ly/30tT167>

**August 02, 2019 0800-1000**

Home for Us Working Group Meeting

*Youville 6th Floor*