



WEBSITE



Residential Care for Me Weekly Update -September 6, 2019

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family, and staff. Building on the insights gathered from months of observations, interviews, focus groups, and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family, and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not just a place, it is a feeling*.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

Making Rainbow Cupcakes

Lillian, Peggy, and Chand had a great time baking knowing they were making something special for the birthday celebration the next day. Vicky Abundo, our Rehab Assistant, put a great spin on our usual baking recipes by choosing something that allowed multiple people to join in. Vicky set it up with three stations and all three residents had the opportunity to pick a color, measure ingredients and mix in their bowl. Then *voila*, all three colors of batter came together to produce a beautiful result: rainbow cupcakes. Cutting into a cupcake was the best part as could see the blend of all three colors. We love Vicky's creative spark, coming up with ideas that encourage active participation and the opportunity to be useful. Chand laughed because he made his own birthday cupcake! We think Youville's monthly birthday party has a new tradition of rainbow cupcakes!

-Sheralyn Manning
Occupational Therapist
Youville

Kudos & Compliments

Welcome Back Sital Dhillon-Randhawa

Many of you know Sital from her leadership roles on 4E at MSJ Hospital. Over the last three years, she has been working at Little Mountain Place and Court as their Director of Care under a management contract with PHC. The Little Mountain Board and PHC have ended that contract and we are thrilled that Sital will be working as a project leader in our Seniors Program. She starts this Monday, September 9 and will be based out of Youville.

It Takes a Village...

Your help is needed!

September Home for Us Working Group Update

The Home for Us Working had a packed agenda this month. Below are some of key messages:

1. **Participants answered the question "Why do you attend this meeting?"**
Answers included inspiration, connecting, getting grounded, sharing, caring, collective wisdom, developing organizational knowledge and getting things done.
2. **All hands on deck for CST!**
All homes will now be impacted at go live this November as the workflow for registration and lab work will change across all of PHC.

Clinical Nurse Leaders (CNLs), Nurse Educators, and Unit Coordinators, as well as others from the interdisciplinary team, will be designated as our Peer Mentors and will undertake training intensive training.
3. **Sexual Activity in Our Homes.** We had the opportunity to talk about sexuality and living in LTC. There are many resources and opportunities to talk about this as a team so reach out to your leaders for more information.
4. **Consent to Live in LTC.** The Ministry of Health is preparing to enact Part 3 of the *Health Care (Consent) and Care Facility (Admission) Act* (HCCCFAA). The target date for enacting this part of the legislation is November 4, 2019. At that time, Health Authorities will be required to obtain consent to care facility admission. If there is reason to believe the adult may be incapable of providing consent, they will require an incapability assessment. Ask your leader

Working Group Members! Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <https://bit.ly/2HctSXQ>

Inspiration

Stories to Learn From

Reducing the Stigma of Alzheimer's

Take a minute to view this video to see the world from the point of view of someone who has Alzheimer's. This has been created by ORCA which is a non-profit association that represents operators of Ontario retirement homes.

<https://twitter.com/ORCAhomes/status/1168977896280678400?s=20>

Important Dates

**September 10, 2019:
1230-1430**

Residential Care for Me
Navigation Group Meeting

Youville, 6th Floor

**October 4, 2019:
0800-1000**

Residential Care for Me
Working Group Meeting

Youville, 6th Floor