



Home for Us Weekly Update - December 6, 2019

Home for Us started as an innovation and improvement project to understand the long term care experience for residents, family, and staff. Building on the insights gathered from months of observations, interviews, focus groups, and surveys, we are now in the next phase of "**Megamorphosis**." This phase aims to rapidly test ideas from residents, family, and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling**.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



Langara's Got Talent

As Maya Angelou said: "I believe that every person is born with Talent"! And on that note, what a beautiful thing to celebrate!

On November 20th, Langara held it's much anticipated Langara's Got Talent, which we've done about 3 times in the past, but not for a while!

WHAT A HIT!

The line-up was full of residents, family members and staff! I witnessed many of them practicing for the event and it was beautiful the way everything came together. The talent show hosted singers, dancers, artists, and musicians. It's a wonderful way to come together and really enjoy the unique abilities each person has, and as mentioned, there are MANY talents out there, some that are hard to display!

One of Langara's Nurses even wrote a song called "Home for Us" (about Langara), we had a signature artist have some art displayed, and she came up to give a brief description of her career as an artist, and one of our Italian residents sang an Italian song that meant a lot to her and her husband, with 3 of her family members in the audience!

I heard many people saying they cannot wait for the next one and that we should do this

much more often!!

It was all SO Magical, and if you come to Langara in the near future, you can even ask to see a video highlight of the show!!

We can't wait for the next one, get practicing.

~ Stephanie Wickham, rehabilitation assistant"

~Apple Chen (Rehabilitation Assistant, Langara) and Anna Nguyen (Occupational Therapist, Langara)

Kudos & Compliments

Highlights from the week



It is beginning to look a lot like Christmas everywhere you go...

Kudos to all the people who put in such effort to decorate our homes for special seasons like Christmas.

This picture is a special acknowledgement to the Stanley Park neighbourhood of Holy Family for taking extra steps for including residents. Hopefully you can see that each clear ornament has been decorated individually with staff and resident's names.

It Takes A Village.....

Your help is needed!

Collecting Meaningful Moments: Let's keep sharing our great work to help inspire each other!

Please send me meaningful moments that you create or witness. Just send a quick email to cconvery@providencehealth.bc.ca with your story.

Important Dates

December 15, 2019

Megamorphosis Community Gathering

HFH, Stanley Park

January 06, 2020

Megamorphosis launches at Stanley Park at Holy Family!