



## Home for Us Weekly Update - July 05, 2019

Home for Us started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of **“Megamorphosis.”** This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most**, **residents direct each moment** and that **home is not just a place, it is a feeling.**

### Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



#### *Sunshine Strolls:*

*Summers at Langara are nothing shy of an energetic season!*

*The sun provides us so much warmth and joy. We love bringing our residents outdoors to relish in the simple pleasures that summer has to offer. This includes sitting in the garden where our residents have planted flowers, hanging out in the park across the street, taking in the fresh air and enjoying the breeze and shadows of the trees all while enjoying treats and watching the community kids play sports*

*on the field or reading a story/listening to music.*

*All of these activities alter things up from the winter months and we love seeing how happy it makes the residents!*

*It is just the beginning and we are looking forward to many more fun times outdoors!*

*- Stephanie Wickham & Liza Lino, Rehabilitation Assistants*

## Kudos & Compliments

Highlights from the week

### Key Messages from the July 05, 2019 Working Group Meeting:

*Inspirational thought: What might change if we asked each resident “How do you want to spend the rest of our life?”*

1. Cindy Convery is working with each home to plan for the Rocky Point Ice Cream Truck to visit our homes for a free cone for residents and staff as part of the award from 3M and the Canadian National Health Leaders for Megamorphosis at PHC.
2. CST Go Live for Holy Family and MSJ Homes is November 16; validation and education work will be ramping up.
3. Updated PHC Seniors Score Card (aka How we present the data we collect) is being reviewed to be able to show staff, residents and family the data we collect through the MDS assessments, and surveys regarding Quality of Care, Quality of Life and system processes (e.g. Turn Around Time for admission to LTC). The scorecard will be presented at our August meeting.
4. Ministry of Health made an announcement this week regarding access to LTC homes; each person will be assisted to live at home or be admitted to an interim bed (formerly known as First Available Bed) and be able to name three preferred homes. More details to come.
5. Videos of each home will be available to the public through PHC and VCH websites; stay tuned.
6. **Come Alive** is a VCH Initiative that each home will be part of coming this fall. Jas Gill of the Dementia Care Team, Heather Mak, Regional Director of Practice in LTC and Kim Smith, Program Specialist Geriatrics-Dementia spoke about the need for engagement of people in order to use medications appropriately for behavioural expressions.
7. The equivalent of 1.0 FTE Arts Program Coordinator (APC) will be shared across our five homes this fall on a regular basis. As part of a provincial initiative to increase Hours per Resident Day (HPRD) of allied staff in our homes, 1.0 FTE (APC) has been hired to support engagement of residents in art and crafts that brings meaning and joy into their lives. This program has been inspired by the Arts Works Program funded by Veteran Affairs at Brock Fahrni. The APCs will be shared working in partnership with OTs at each home to visit and establish opportunities for residents to be involved in Art.
8. Round Table:
  - o St Vincent's Langara is looking how best to provide Opioid Replacement Therapy
  - o The protocol for moving a deceased person to a funeral home, if there is not a Funeral Plan, at the time of their death, is being updated
  - o Occupational Therapy is updating their written material to reflect the changes of language of Home for Us and Megamorphosis
  - o Youville will be testing ideas around engagement of people who have dementia based on work developed by Kim Smith

It Takes a Village...

Your help is needed!

**Working Group Members!** Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <https://bit.ly/2HctSXQ>

## Inspiration

Stories to Learn From

**The restaurant that gives a voice to those affected by dementia:** <https://bit.ly/2JgdEgw>

## Important Dates

As part of Seniors Quality Leap Initiative's (SQLI) commitment to sharing best practices, below is the schedule for upcoming free webinars: <https://clri-ltc.ca/>

**July 9, 2019** – Sleep Medications in Older Adults

**July 16, 2019** - Wise Leadership and Culture Change: Getting Started

**August 22, 2019** - Supporting the Rainbow Community: Real Stories

**July 08, 2019 1200-0100**

HFH - PHC Anniversary  
Celebration

*HFH Cafeteria*

**July 09, 2019 1230- 0230**

Home for Us Navigation  
Group Meeting

*Youville 6th Floor*

**July 09, 2019 0200-0300**

YOU - PHC Anniversary  
Celebration

*Youville Dining Room*