



Dialogue on Aging Presentation Series

*A partnership between Providence Health
Care and the Edwin S.H. Leong Centre
for Healthy Aging*



**Providence
Health Care**



THE UNIVERSITY OF BRITISH COLUMBIA

Edwin S.H. Leong Centre for Healthy Aging
Faculty of Medicine

Virtual Presentation (Zoom)

Thursday, November 27, 2025, 1:00 PM – 2:30 PM

Staying physically active during heat and air pollution

Dr. Michael Koehle, MD PhD



Michael Koehle, MD PhD

**Professor,
School of Kinesiology and
Faculty of Medicine,
University of British
Columbia**

**Director, Sport & Exercise
Medicine, University of
British Columbia**

This talk will discuss the risks associated with exercising in air pollution and heat, and cover strategies that older adults can employ to minimise health risk in these conditions.

About the speaker:

Michael Koehle, MD PhD, is the Director of Sport & Exercise Medicine at the University of British Columbia. He is a professor in both the School of Kinesiology and the Faculty of Medicine at UBC. His research focusses on the interaction between the human body and its environment, specifically how the body is affected by environmental stresses such as high altitude, heat, and air pollution. He practices Sport and Exercise Medicine at the UBC Sport & Exercise Medicine Centre. His research program combines exercise and environmental physiology ranging from basic mechanistic research to clinical field studies in remote environments and applied research for high-performance sport.

Register online:

<https://tinyurl.com/378yk76b>

