



Providence Health Care  
**Indigenous Wellness  
& Reconciliation**

# Community Perinatal Patient Resources

## **Douglas for Aboriginal Families Grant Program (DAFGP)**

<https://bcaafc.com/dafgp/>

551 Chatham St. Victoria, BC, V8T 1E1

1-250-388-5522

This grant program provides Indigenous families living in BC up to \$1,200.00 (maximum) of coverage for doula support with each pregnancy.



## **Urban Native Youth Association's Youth Health and Wellness Centre**

<https://unya.bc.ca/programs/native-youth-health-wellness-centre/>

1618 East Hastings Street, Vancouver, BC, V5L 1S6

604 254 7732

This youth clinic provides healthcare for parents throughout pregnancy (prenatal and postpartum), including ordering ultrasounds and lab work, and can connect with other services during or after pregnancy.



URBAN NATIVE YOUTH  
ASSOCIATION

## **Huckleberry Midwives**

<https://huckleberrymidwives.com/>

Unit 207 - 236 East Georgia Street, Vancouver, BC, V6A 1Z7

604 558 1701

This collective of Registered Midwives provides Indigenous-led pregnancy, birth, and after-baby medical care for up to 8 weeks postpartum. Prenatal and postpartum visits are offered at the Pomegranate Midwives and Lu'ma Medical Center clinics, as well as home visits.



## **Midwives Association of British Columbia**

[https://www.bcmidwives.com/indigenous\\_families.html](https://www.bcmidwives.com/indigenous_families.html)

2-175 East 15th Avenue, Vancouver, BC, V5T 2P6

604-736-5976

The Midwives Association of BC connects Indigenous patients with midwives in communities across the province.



MIDWIVES ASSOCIATION  
of BRITISH COLUMBIA

## **ekw'í7ł doula collective**

<https://ekwi7łdoulacollective.org/>

[ekwi7łdoulacollective@gmail.com](mailto:ekwi7łdoulacollective@gmail.com)

This network connects Indigenous doulas with Indigenous families for culturally relevant and holistic birth work. ekw'í7ł, pronounced ah-quay-tull, means family in the Squamish language.





Providence Health Care

## Indigenous Wellness & Reconciliation

### **Perinatal Services BC – Indigenous Resources**

<https://www.psbchealthhub.ca/cultural-safety>

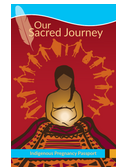
Suite 200 – 1333 West Broadway, Vancouver, BC, V6H 4C1

604-877-2121

Perinatal Services BC produces the Our Sacred Journey: Indigenous Pregnancy Passport. This resource helps take the birthing parent and their family through their sacred journey of pregnancy, birth, and baby's first few weeks.



Perinatal Services BC



### **FNHA Maternal Child and Family Health**

<https://www.fnha.ca/what-we-do/maternal-child-and-family-health>

501 – 100 Park Royal South, Coast Salish Territory, West Vancouver, BC, V7T 1A2

604-693-6500

This resource page includes extensive information on prenatal and maternal health, doulas, financial support, infant health, early childhood development, and parents and families.



First Nations Health Authority  
Health through wellness

### **The Pregnancy Hub**

<https://www.pregnancyhub.org/>

hayley@pregnancyhub.org

230-1210 Summit Drive #425, Kamloops BC, V2C 6M1

The Pregnancy HUB is a 12-month online perinatal program that offers participants unlimited access to local pregnancy outreach program and service referrals, an online library full of evidence-based information, a monthly newsletter, and access to online programming on topics related to pregnancy and early parenting.



The Pregnancy  
HUB

### **La Leche League**

<https://www.lllc.ca/>

PO Box 147 Pickering, ON, L1V 2R2

778-282-1184

This registered charity provides peer support for pregnant women/parents, new moms/parents and beyond. Parents who have breastfed or chestfed their own children volunteer to support others to reach their goals.



LA LECHE LEAGUE  
CANADA

### **HealthLink BC Pregnancy and Parenting**

<https://www.healthlinkbc.ca/pregnancy-parenting>

Call 8-1-1 to speak with a nurse for health advice

Phone line open 24/7

The Pregnancy and Parenting page of HealthLink BC includes several resources, including planning a pregnancy, what to expect during pregnancy, labour and birth, and parenting from babies to adults.



HealthLinkBC

