



Providence Health Care  
**Indigenous Wellness  
& Reconciliation**

# Indigenous Wellness: Community Resources Booklet

Published: Feb 2025



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## Free Clothing



### Gathering Place Community Centre

<https://vancouver.ca/parks-recreation-culture/gathering-place-community-centre.aspx>

609 Helmcken St., Vancouver

(604) 665-2391

Tue & Thu 11:30am-1pm. Subject to availability.

Membership or ID card required. In case of emergency, clothing is also available Mon-Sun: 9am-6pm.



### Evelyne Saller Centre

#### (Health Services)

<https://vancouver.ca/parks-recreation-culture/health-services.aspx>

404 Alexander St., Vancouver

(604) 665-3075

Mon to Fri 9am-11pm, Sat-Sun 10am-10pm



### Lookout Housing and Health Society

<https://lookoutsociety.ca/>

450 East Hastings St., Vancouver

(604) 255-7026

7 days a week: 1pm-5pm



### LaBoussole

<https://lbv.ca/>

312 Main St., Vancouver

(604) 683-7337

Thu 2pm-4pm. Limited availability.



### Miscellany Finds

<https://miscellanyfinds.ca/>

1029 Commercial Dr., Vancouver

(604) 215-9970

Referral basis: gift certificates from transition house or letter from agency.

## Free Clothing



### Rain City Housing and Support Society

<https://www.raincityhousing.org/>

616 Powell St., Vancouver

(604) 662-7023

7 days a week: 8am - 7:30pm. Limited availability.



### The Door is Open

<https://thedoorisopen.ca/clothing-program/>

255 Dunlevy St., Vancouver

(604) 669-0498

Mon to Fri 11am - 12:30 pm



### Value Village Victoria Drive

<https://stores.savers.com/bc/vancouver/valuevillage-thrift-store-2007.html>

6415 Victoria Dr., Vancouver

(604) 327-4434

7 days a week: 9am - 10pm. Referral basis via non-profit organizations. Email [2007@savers.com](mailto:2007@savers.com)



### Union Gospel Mission

<https://ugm.ca/get-help/programs/cornerstone-drop-centre>

601 E. Hastings St., Vancouver

(Enter off of Princess Ave.)

(604) 253-4044

Clothing available Mon & Fri 2pm - 4:30pm.



### Working Gear

<https://workinggear.ca/>

228-475 Main St., Vancouver

(778) 877-0147

Referral basis via non-profit organizations.

Contact: [info@workinggear.ca](mailto:info@workinggear.ca) for more info.

## Free Clothing: Women & Children



### Downtown Eastside Women's Centre

<https://dewc.ca/>

302 Columbia St., Vancouver

(604) 681-8480

Mon/Tues/Thu/Fri: 10am - 4pm

Wed/Sat/Sun: 2pm - 4pm

Available only to those located in the DTES.

*Note: This is a women-only space.*



### Bette's Boutique

### Atira Women's Resource Society

<https://atira.bc.ca/bettes-boutique/>

101 East Cordova St., Vancouver

(604) 331-1407

Mon - Fri 3pm - 4pm



### Dress For Success

<https://dfsvancouver.ca/>

201-5118 Joyce St., Vancouver

(604) 408-7923

Tue - Fri 9:30am - 4:30pm, Sat 10am - 1pm

Business clothing for women. Referral basis via non-profit organizations. *By appointment only.*

## Free Clothing: Youth



### Covenant House

<https://www.covenanthousebc.org/programs-services/housing/crisis-program/>

1280 Seymour St., Vancouver

(604) 638-4438

For youth age 16–24. Must have ID. Youth can drop in any time and if they are in dire need, youth workers will provide access to the clothing room.

## Free Clothing: Seniors



### 411 Seniors Centre Society

<https://411seniors.org>

3502 Fraser St., Vancouver

(604) 684-8171

## Low Cost Clothing



### Frock Shoppe

<https://communitythriftandvintage.com/pages/about>

311 Carrall St., Vancouver

(604) 682-8535



### Unisex Shoppe

<https://communitythriftandvintage.com/pages/about>

111 W Hastings St., Vancouver

(604) 629-8396



### The Studio

<https://communitythriftandvintage.com/pages/about>

111 W Hastings St., Vancouver

(604) 682-8535. *By appointment only.*



### The Salvation Army Thrift Shop

<https://thriftstore.ca/>

261 E 12th Ave, Vancouver

(604) 874-4721

## Low Cost Clothing



The Good Stuff  
Connection

### Good Stuff Connection Clothing Program and Thrift Store

<https://goodstuffconnection.ca/>

154 W3rd St., North Vancouver  
(604) 987-1773



UNION  
GOSPEL  
MISSION

### Union Gospel Mission Thrift Store

<https://ugm.ca/thrift-store>

671 E Hastings St., Vancouver  
(604) 254-8721



### Value Village Victoria Drive

[https://stores.savers.com/bc/vancouver/  
valuevillage-thrift-store-2007.html](https://stores.savers.com/bc/vancouver/valuevillage-thrift-store-2007.html)

6415 Victoria Dr., Vancouver  
(604) 327-4434



### First United Thrift Store

<https://firstunited.ca/>

340 E Hastings St., Vancouver  
(604) 569-1117



### Aunt Leah's Thrift Store

<https://auntleahs.org/thrift/>

3328 Fraser St., Vancouver  
(604) 709-3254

## Free and Low Cost Food



### Carnegie Centre Cafeteria and Kitchen

<https://vancouver.ca/parks-recreation-culture/carnegie-centre-cafeteria.aspx>

401 Main St., Vancouver  
(604) 665-2220

Breakfast (\$2.25) – Every day 9 - 11 am

Lunch (\$2.75) – Every day 12 - 4pm

Dinner (\$3.50) – Every day 5 - 8 pm



### Union Gospel Mission

<https://ugm.ca/get-help>

601 E Hastings St., Vancouver  
(enter via Princess Ave)  
(604) 254-8721

Lunch every day: 11am

Dinner Mon to Fri: 6pm, Sat & Sun: 4pm

*Free meal tickets available 15 min before meal times.*



### Directions Youth Services

<https://www.directionsyouthservices.ca/our-programs/food-program>

1138 Burrard St., Vancouver  
(604) 633-1472

Breakfast every day 8:30 am - 10 am

Dinner every day 8pm - 9pm

*Youth ages 13-24 only.*



### The Door is Open

<https://thedoorisopen.ca/free-lunch-program/>

255 Dunlevy St., Vancouver  
(604) 669-0498

Mon & Tue: 11am lunch

Wed: 8:30am women's breakfast,  
10:30am women's lunch

Thu - Sat: 11am lunch, Sun: 11:30am lunch



## Free and Low Cost Food



### Downtown Eastside Neighborhood House

<https://www.dtesnhouse.ca/food-nutrition>

573 E Hastings St., Vancouver  
(604) 215-2030

Several programs including Community Fridge and Pantry, and Nutritional Outreach.



### Downtown Eastside Women's Centre

<https://dewc.ca/location/302-columbia-street/>

302 Columbia St., Vancouver  
(604) 681-8480

Breakfast is served at 10am daily

Lunch is served from 12:30-1:45pm daily

Snacks are served from 3-3:30 pm daily



### The Dugout

<https://www.thedugout.org/our-programs>

59 Powell St., Vancouver  
(604) 685-5239  
365 days a year: 7:30am

Free Food: coffee/soup/bread



### Food on the Corner

<https://www.foodonthecorner.ca/>

222 Main St., Vancouver  
(604) 803-5174  
Sat: 11am - 1pm

Free soup, bread, coffee, sweets and sandwiches.



### Sheway

<https://www.vch.ca/en/location/sheway>

533 E Hastings St., Vancouver  
(604) 216-1699

Lunch Mon to Fri 11:30 am - 1:30 pm

## Free and Low Cost Food



### **Evelyne Saller Centre Cafeteria**

<https://vancouver.ca/parks-recreation-culture/evelyne-saller-centre-cafeteria.aspx>

404 Alexander St., Vancouver  
(604) 665-3075

**Breakfast:** 10am - 12pm

**Lunch:** 12pm - 3pm

**Dinner:** 3pm - 5:30pm

All meals \$2.00. Extra portions at an additional price. Open 365 days a year.



### **Gathering Place Cafeteria**

<https://vancouver.ca/parks-recreation-culture/gathering-place-cafeteria.aspx>

609 Helmcken St., Vancouver  
(604) 665-2391

**Breakfast** (\$2.25) - Everyday 9am - noon

**Lunch** (\$2.75) - Everyday 11:30am - 4:30pm

**Dinner** (\$3.50) - Everyday 4:30-7pm



VANCOUVER  
**HARBOUR LIGHT**  
GIVING • HOPE • TODAY

### **Harbour Light**

<https://vancouverharbourlightsa.ca/shelters/>

119 E Cordova St., Vancouver  
(604) 645-6875

**Mon-Fri:** 11am, **Sat:** 4pm

Free, limited meals. Arrive 15 mins beforehand.



Giving  
Hope  
Today

### **Salvation Army Food Truck**

<https://salvationarmy.ca>

Foyer of the Courthouse  
222 Main St., Vancouver

Email: FoodOnTheCorner@gmail.com

**Saturday mornings:** Arrive with 20 litres of homemade soup, trays of sandwiches, hot coffee, and sweets.

## Free and Low Cost Food



### Aboriginal Front Door

<https://abfrontdoor.org/>

384 Main St., Vancouver  
(604) 697 5662

Lunch Daily from 12pm - 1:30pm



Dignity, belonging & justice for 140 years

### First United

<https://firstunited.ca/how-we-help/food-security>

320 E Hastings St., Vancouver  
(604) 681-8365

Lunch Daily (at the corner of Gore and Hastings St.) from our FIRST Food Truck.



### YWCA Crabtree Corner

<https://ywcavan.org/programs/crabtree-corner>

533 E Hastings St., Vancouver  
(604) 216-1650

Breakfast Monday to Friday: 9:00am -10:00am

Lunch Monday to Friday: 1:00pm- 2:00pm

*No lunch on income assistance days.*



### Lookout Housing and Health Society

<https://lookoutsociety.ca/what-we-do/resource-centres/>

450 E Hastings St., Vancouver  
(604) 255-7026

Food Daily at 10:30am, 1pm, and 4pm

Coffee 9-10am, 10:30-11am, and 4-5pm



### DUDES Club

<https://dudesclub.ca/>

606 Powell St., Vancouver  
(604) 486-1121

Thursday Gatherings 4pm - 7pm

Men are prioritized, and extra meals are handed out to community on a first come, first serve basis.

## Shelters: All Genders



### Vancouver Aboriginal Friendship Center Shelters

<https://vafcs.org/shelters>

201 Central St., Vancouver  
1660 E Hastings St., Vancouver  
(604) 602-5556  
5:30 pm - 10am, 2 meals.

No alcohol/drug use onsite. Pets & carts allowed.  
Wheelchair accessible.



### Al Mitchell Shelter

[https://lookoutsociety.ca/lookout\\_projects/emergency-shelters-year-round/](https://lookoutsociety.ca/lookout_projects/emergency-shelters-year-round/)

346 Alexander St., Vancouver  
(604) 681-9126 ext. 1

Pets allowed, wheelchair accessible, medication/  
money admin, harm reduction.



VANCOUVER  
HARBOUR LIGHT  
GIVING • HOPE • TODAY

### Anchor Shelter

<https://vancouverharbourlightsa.ca/shelters/>

119 E Cordova St., Vancouver  
(604) 646-6846

Referral from Beacon or Haven, 24 hour.



VANCOUVER  
BELKIN HOUSE

### Salvation Army Belkin House

<https://belkinhousesa.ca/housing-services/>

555 Homer St., Vancouver  
(604) 681-3405

Dorms, no alcohol/drug use on site.

## Shelters: All Genders



### Hornby Shelter

<https://www.communitybuilders.ca/our-sites/hornby-shelter>

1401 Hornby St., Vancouver  
(604) 620-9253

24/7, pets allowed on leash or cage, carts and backpacks allowed, 3 meals.



### Klahowya Tillicum Lalum

<https://bc.211.ca/result/klahowya-tillicum-lalum-73060481/>

875 Terminal Ave., Vancouver  
(236) 484-0544

Low barrier, 24 hour, pets welcome, wheelchair accessible, carts welcome.



### Metson Shelter

<https://www.communitybuilders.ca/our-sites/metson-rooms>

1060 Howe St., Vancouver  
(604) 428-3686

24/7, pets allowed on leash or cage, 3 meals, showers and laundry, wheelchair accessible.



### New Fountain Shelter

<https://www.phs.ca/locations/new-fountain-shelter/>

356 E Hastings St., Vancouver  
(604) 669-3306  
7pm - 9am, 2 meals

Harm reduction, pets & carts allowed.

## Shelters: All Genders



### The Osborn Shelter

<https://www.phs.ca/locations/the-osborn/>

27 W Hastings St., Vancouver  
(604) 681-2806

Low barrier, 24 hour, pets welcome, carts welcome.



### Triage

<https://www.raincityhousing.org/programs/triage/>

707 Powell St., Vancouver  
(604) 254-3700

Stay 1-30 days, private room, medical staff, harm reduction, needle exchange, medication admin, wheelchair accessible.



### Yukon Shelter

<https://lookoutsociety.ca/contact-us/#1496947907683-a7d33240-53f7>

2088 Yukon St., Vancouver  
(604) 264-1680 Ext. 1

24 hour, pets welcome, wheelchair accessible.

## **Shelters: Women/Single Moms only**

*Some addresses kept confidential for safety reasons.*



### **412 Women's Emergency Shelter**

<https://dewc.ca/sites-services/overnight-shelters/>

Downtown Eastside, Vancouver

(604) 715-8480

Single Women: Mon-Thu 5:45pm to 8:45am,  
two meals provided.

Fri - Sun & Stat holidays are 24 hours,  
showers, laundry, harm reduction, shopping carts  
& pets ok, wheelchair friendly.



### **Bridge Housing for Women**

<https://atira.bc.ca/what-we-do/housing/bridge-housing-for-women/>

Downtown Vancouver

(604) 684-3542

Bridge Housing for Women offers 56 units of  
supportive housing to women who have been  
impacted by violence.



DIXON  
TRANSITION  
SOCIETY

### **Dixon House**

<https://dixonsociety.ca/programs/dixon-house/>

Burnaby

(604) 298-3454

Ten-bed safe house for women and their children  
who are fleeing domestic violence.

## **Shelters: Women/Single Moms only**

*Some addresses kept confidential for safety reasons.*



### **Powell Place Emergency Shelter**

<https://www.thebloomgroup.org/powellplace/>

Downtown Vancouver

(604) 606-0403

Powell Place is a year-round low-barrier, 24-hour emergency shelter for 52 self-identified women experiencing, or at risk of homelessness.



### **The Sisterhood**

<https://bc.211.ca/result/the-sisterhood-65416737/>

Downtown Vancouver

(604) 681-7916

Low-barrier shelter, 21 beds. Includes meals and snacks, and on-site safe injection space.

Wheelchair accessible. Pets accepted, with restrictions.



### **Springhouse Emergency Shelter and Second Stage Housing**

<https://www.thebloomgroup.org/our-work/women-children/>

Mount Pleasant, Vancouver

(604) 606-0412

Female headed families, women, no alcohol/drug use on site, pets welcome, laundry, wheelchair accessible.



## **Shelters: Women/Single Moms only**

*Some addresses kept confidential for safety reasons.*



### **Union Gospel Mission**

<https://ugm.ca/get-help/programs/women-families-outreach>

616 E Cordova St., Vancouver  
(604) 253-4044

Women and families center, families & single women, Day Shelter, Mon-Fri 9am - 5pm, showers, sleeping program/beds.

### **Vi Fineday Family Shelter**

<https://bc.211.ca/agency-details/vi-fineday-family-shelter-society-9487935/>

Kitsilano, Vancouver  
(604) 736-2423

Male or female headed families, childless couples or single women 19+, no alcohol/drug use on site.

## Shelters: Men Only



### Catholic Charities Men's Shelter

<https://rcav.org/shelter>

1056 Comox St., Vancouver  
(604) 443-3292

4pm - 7:30am, 11pm curfew, breakfast, dinner on site, lunch voucher provided.



### Salvation Army Beacon, Haven and Crosswalk Shelters

<https://vancouverharbourlightsa.ca/shelters/>

108 E Hastings St., Vancouver  
(604) 443-3292

24 hour services to accommodate up to 136 men in total. Meals, personal hygiene supplies and laundry services included.



### Union Gospel Mission

<https://ugm.ca/get-help/programs/mens-emergency-shelter>

601 E Hastings St., Vancouver  
(604) 253-3323

9pm - 6:50am. Wheelchair accessible. No cart or baggage storage.

## Shelters: Youth

*Addresses kept confidential for safety reasons.*



### Aboriginal Youth Safe House

<https://unya.bc.ca/programs/aboriginal-youth-safehouse/>

(604) 254-7811

16-18 years, 7 day maximum stay.

Self-referral residential program for youth ready to make a positive change - clean/sober, no alcohol/drug use, hot meals, private room.



### Young Bears Lodge

<https://unya.bc.ca/programs/young-bears-lodge/>

(604) 254-7732

16-week voluntary co-ed residential program serving Aboriginal youth (13-18 years), providing culturally- based empowerment program with alcohol and drug focus. Five spots, four intake phases, open 24-hours.



### Ravens Lodge

<https://unya.bc.ca/programs/ravens-lodge/>

(604) 254-7733

Five beds for female youth 12-18 years old to make positive lifestyle choices and create positive change.



### Covenant House

<https://www.covenanthouse.org/homeless-shelters/vancouver-canada>

1280 Seymour St., Vancouver

(604) 685-7474

Youth ages 16-24 who have fled physical, emotional, and sexual abuse, or have aged out of foster care. Meals, clothes, care services provided.

## Shelters: Elders



### **Sakura So Residence**

<https://bc.211.ca/result/sakura-so-residence-9506586/>

376 Powell St., Vancouver  
(604) 680-0008

Second-stage housing for 2SLGBTQ2+ adults.  
Accepts pets. Wheelchair accessible.



### **Seniors Services Society**

<https://www.seniorsservicesociety.ca/our-services/temporary-housing-program/>

Various lower mainland locations  
(604) 520-6621

Temporary housing program to homeless seniors 55+ for up to three months while they seek housing, alternative shelter. No alcohol/drug use on site, private apartments, fee based on income.



### **Margaret's Housing for Older Women**

<https://atira.bc.ca/what-we-do/housing/margarets-housing-for-older-women-maggies/>

1010 Sperling Ave., Burnaby  
(604) 520-6621

Supportive housing for women aged 55+ who have been impacted by violence.



### **Ama Transition House**

<https://atira.bc.ca/what-we-do/housing/ama-transition-house/>

1010 Sperling Ave., Burnaby  
(604) 520-6621

Six units of transitional housing to women aged 55+, and who have been impacted by violence.

## Outreach



### Aboriginal Front Door

<https://abfrontdoor.org/>

384 Main St., Vancouver  
(604) 697 5662

Peer support, addiction recovery, housing assistance, innovative programs integrating Indigenous culture into healing practices.



### All Nations Outreach Society

<https://allnationsoutreachsociety.org/>

Unit 3-426 Main Street, Vancouver  
(250) 639-6992

[stephanie@allnationsoutreachsociety.org](mailto:stephanie@allnationsoutreachsociety.org)

Provide weekly lunch program, connecting Indigenous individuals with their home communities, support with treatment options.



### Carnegie Outreach

<https://vancouver.ca/parks-recreation-culture/carnegie-centre-outreach-programs.aspx>

392 Powell St., Vancouver  
(604) 665-3318

Assistance with housing options, tenancy, income assistance, employment insurance, pensions, emergency shelters, identification, health care, counselling, clothing, detox, addiction services, emergency first aid, emotional support, harm reduction, needle exchange and safer sex supplies.



### DUDES Club

<https://dudesclub.ca/>

606 Powell St., Vancouver  
(778) 878-0098

Mondays Men's circle 2pm

Tuesdays Think Tank 3:30pm

Thursdays Gatherings 4pm - 7pm

## Outreach



### Lu'ma Outreach

<https://www.lnhs.ca/aboriginal-housing-outreach>

2960 Nanaimo St., Vancouver  
(604) 876-0811

Homelessness prevention and housing outreach programs.



### Tenant Overdose Response Organizers

<https://srocollaborative.org/programs/toro/>

Unit 203 - 268 Keefer St., Vancouver  
[office@srocollaborative.org](mailto:office@srocollaborative.org)

Peer support, Naloxone training, referrals to “safer supply”, cultural services, treatment & other resources.



### Union Gospel Mission

<https://ugm.ca/how-we-help>

601 E Hastings St., Vancouver  
(604) 254-8721

Street level outreach, practical assistance counselling, spiritual guidance, and referrals.



### Vancouver Area Network of Drug Users

<https://vandu.org/>

380 E Hastings St., Vancouver

Education, advocacy, outreach and support for people who use drugs.



### Watari Counselling and Support Services

<https://watari.ca/wellness-centre/>

Unit 200-678 E Hastings St., Vancouver  
320 Alexander St., Vancouver  
(604) 254-6995

Counselling and support services, community programs, community food hub, youth programs and wellness centre.

## Family Support Services



ACCESS

### Aboriginal Community Career Employment Services Society

<https://accessfutures.com/>

Unit 108-100 Park Royal South,  
West Vancouver  
(604) 9137933



### Aboriginal Front Door Society

<https://abfrontdoor.org/>

384 Main St., Vancouver  
(604) 697-5662



### Aboriginal Mother Centre Society

<https://www.aboriginalmothercentre.ca/>

2019 Dundas St., Vancouver  
(604) 558-2627



### Circle of Eagles Lodge Society

<https://www.circleofeagles.com/>

6520 Salish Dr., Musqueam First Nation,  
Vancouver  
(604) 787-0916



### Culture Saves Lives

<https://www.phs.ca/our-services/culture-saves-lives/>

9 E Hastings St., Vancouver  
(604) 683-0073



### Fraser Region Aboriginal Friendship Centre Association

<https://fracfa.org/>

Unit A101-10095 Whalley Blvd., Surrey  
(604) 595-1170

## Family Support Services



### Helping Spirit Lodge Society

<https://hsls.ca/>

3965 Dumfries St., Vancouver  
(604) 874-6629 Ext. 226



### Keginow Native Housing Society

<https://kekinow.ca/>

Unit 11, 15243 91 Ave, Surrey  
(604) 591-5299



### Kiwassa Neighbourhood House

<https://www.kiwassa.ca/>

2425 Oxford St., Vancouver  
(604) 254-5401



### Lu'ma Native Housing Society

<https://www.lnhs.ca/>

2960 Nanaimo St., Vancouver  
(604) 876-0811



### Metro Vancouver Indigenous Services Society

<https://www.mviss.ca/>

Unit 100-2732 E Hastings St., Vancouver  
(604) 262-5869



### Native Education College

<https://necvancouver.org/>

285 E 5th Ave., Vancouver  
(604) 873-3772 Ext. 335



### Nisga'a Ts'amiks Vancouver Society

<https://tsamiks.com/>

3983 Dumfries St., Vancouver  
(604) 646-4944



## Family Support Services



### Pacific Association of First Nations Women

<https://pafnw.ca/>

2017 Dundas St., Vancouver  
(604) 872-1849

### Vi Fine Day Family Shelter Society

<https://bc.211.ca/agency-details/vi-fineday-family-shelter-society-9487935/>

1906 W.16th Ave., Vancouver  
(604) 736-2423



### Spirit of the Children Society

<https://sotcs.ca/>

Unit 201-768 Columbia St., Vancouver  
(604) 524-9113



### Urban Native Youth Association

<https://unya.bc.ca/>

1618 E Hastings St., Vancouver  
(604) 254-7732



### Vancouver Aboriginal Child and Family Services Society

<https://www.vacfss.com/>

745 Clark Dr., Vancouver  
(604) 872-6723



### Vancouver Aboriginal Community Policing Centre

<https://vacpc.org/>

1719 Franklin St., Vancouver  
(604) 678-3790

## Family Support Services



### Vancouver Aboriginal Friendship Centre Society

<https://vafcs.org/>

1607 E Hastings St., Vancouver  
(604) 251-4844 Ext. 301



### Vancouver Aboriginal Health Society

<https://www.vahs.life/>

449 E Hastings St., Vancouver  
(604) 254-9949



### Vancouver Aboriginal Transformative Justice Services Society

<https://vatjss.com/>

Unit 300-2425 Quebec St., Vancouver  
(604) 251-7200



BC INDIGENOUS  
HOUSING SOCIETY

### BC Indigenous Housing Society

<https://www.bcihs.ca/>

1726 E Hastings St., Vancouver  
(604) 320-3312



### Warriors Against Violence

<http://wav-bc.com/>

2425 Oxford St., Vancouver  
(604) 255-3240



### Downtown Eastside Women's Centre

<https://dewc.ca/>

302 Columbia St., Vancouver  
(604) 681-8480

## Family Support Services



### **Cedar Cottage Neighborhood House**

<https://www.cedarcottage.org/>

3973 Dumfries St., Vancouver  
(604) 874-4231



### **REACH Community Health Centre**

<https://www.reachcentre.bc.ca/>

1145 Commercial Dr., Vancouver  
(604) 251-3000



### **Métis Women of BC**

<https://www.mnbc.ca/work-programs/ministries/metis-women>

Unit 380-13401 108 Ave., Surrey  
(604) 557-5851



### **Indian Residential School Survivors Society**

<https://www.irsss.ca/>

Unit 402-100 Park Royal South,  
West Vancouver  
(604) 985-4464



### **Western Aboriginal Harm Reduction Society**

<https://vandu.org/wahrs/>

380 E Hastings St., Vancouver  
(604) 683-6061



### **Kilala Lelum**

<https://kilalalelum.ca/>

626 Powell St., Vancouver  
(604) 620-4010

## PHC Indigenous Wellness & Reconciliation

1081 Burrard Street, Vancouver, BC, Canada, V6Z 1Y6

iwr@providencehealth.bc.ca | providencehealthcare.org

**Notes:**

[illegible]