

# **Hospital at Home**

If you meet the criteria, you may be able to continue to receive hospital-level care in your home, rather than in hospital. You will be supported by Hospital at Home staff through each step in the process.

#### What to expect

- Daily, in-person visits from a registered nurse. Virtual or in-person visits from doctors and other care providers.
- Remote monitoring of your blood pressure, heart rate and oxygen levels.
- Phone support available 24/7. If at any point your condition worsens, you will be transferred back to hospital.

## Your role in your care

**Note:** You are still considered a hospital inpatient even though you are at home.

- Participate in virtual visits with care team and allow care team to visit your home to care for you.
- Take medications ordered by the Hospital at Home doctors and write down when you took them.
- Work with the equipment brought to your home that allows the care team to monitor your health.

## Typical care you might receive

- Daily assessments of your progress and recovery
- Oxygen therapy
- Help with your medications
- Blood tests and other tests
- Wound care
- IV therapy

### **Benefits of Hospital at Home**

- It's as safe or safer than traditional hospital care.
- You're in a comfortable, familiar environment.
- It's a more patient-centred approach to hospital care.
- There are lower rates of hospital-based complications (e.g., infection or blood clots)



