

# What is Spiritual Health Care?



Providence  
Health Care

How you want to be treated.



Mission/Vision/Values  
Everything begins with Mission



## A Spiritual Health Practitioner

looks after the **cultural**, **emotional**, and **spiritual** needs of patients, families, residents and health care staff. Practitioners support **ALL** patients and families, whether they're religious or not!

Here's a sample of just some of the faith (and non-faith) based backgrounds of the people we supported over the last year:

**Hindu, Jewish, Sikh, Christian, Muslim, Atheist/Secular, Buddhist, Indigenous, Spiritual, Taoist, Pagan and Zoroastrian.**

## What does a visit look like?

Each visit is specific to the individual, and may have:

- Individual and family support
- Religious services and Sacraments
- Listening and supportive presence
- Prayer
- Spiritual counselling
- Groups

## When are we available?



24 hours a day, seven days a week!

**Connect with us!**

- On-Call Pager, 33311
- Rounds and verbal requests
- Cerner referrals

## What is CPE (Clinical Psychospiritual Education)?



We are proud to be the only CPE Residency program in Western Canada. This is the post-Master's Degree **training program** required to be considered a Spiritual Health Practitioner. You'll see our interns and residents throughout PHC facilities as they engage their learning in the clinical environment.

## How do we support patients, residents, and staff?

Research shows that religion and spirituality play an important role in helping people cope with illness.

We provide support for many circumstances, including:

- Spiritual or existential distress.
- The emotional and spiritual impact of health uncertainty.
- The loss of connection and meaning that can arise during times of illness, injury, or disease.
- The joys and life-giving moments that occur within the healthcare journey.

We work with partners in the community to provide support for all faith representations. True to our Catholic faith-based tradition, our two Roman Catholic priests focus on providing support to our Catholic residents, patients, and staff.

In our long-term care and assisted living homes, practitioners also help with cultural events and ceremonies.

## Between Sept 2021 to Sept 2022 we provided:

**14,960** patient support conversations | **13,536** resident support conversations | **5,935** staff support conversations