



Home for Us Weekly Update - February 7, 2020

Home for Us started as an innovation and improvement project to understand the experience of residents, families, and staff. Building on the insights gathered from months of observations, interviews, focus groups, and surveys, we are now in the next phase of *Megamorphosis*. This phase aims to rapidly test ideas from residents, families, and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not just a place, it is a feeling*.

Design Thinking

Explore, Brainstorm, Test

Testing Ideas



In collaboration with a resident at Langara, we thought it would be a great idea of replenishing our bookshelves with items that could be enjoyed by residents, staff, family, and friends. Our EPC (Enhanced Patient Care) grant request was approved and we brainstormed various games and books that would be fun and interesting. A member of our rehab team suggested having a rolling book cart would be excellent as people could move it around to different areas as needed. A few weeks ago we released the activity carts to the public in hopes that it would promote positive social interactions between residents, staff, family, and friends. Residents have been observed browsing the carts – one resident has even taken a baby doll as her own. I've heard laughter from a group of residents and a staff member playing crocodile dentist. I've seen staff take out books related to a resident's interest (war times, dogs, cars, the Beatles, etc) which promotes reminiscing and story sharing. The rehab assistants often roll the cart around to residents who may not leave their room often to share books/games.

Anna Nguyen- Occupational Therapist

It Takes A Village

Your help is needed!

Key Messages from the Feb 07, Home for Us Working Group:

Clinical Systems workflow optimization progress continues as we prepare for the rollout of the electronic clinical system for the care homes in Wave 2

Mount Saint Joseph's Long Term Care is excited to start their *Dining Room Service* after completion of the kitchen renovations. The team has worked closely with residents, families, staff, Sodexo to promote choices around mealtimes and allowing residents to direct each moment.

Collecting Meaningful Moments: Let's keep sharing our great work to help inspire each other!

Please send me meaningful moments that you create or witness. Just send a quick email to tyanki1@providencehealth.bc.ca with your story.

Inspiration

Stories to Learn From

Identity on the Plate

There is clear research evidence about the importance of incorporating food activities into the daily lives of the people we serve. Summary of the research recommends the following:

- Invite older adults to share their recipes, as well as their culinary skills and knowledge.
- Involve people in planning and preparing meals.
- Food activities are far from trivial. They are a source of happiness and identity for all of us.

To learn more go to:

<https://www.mcmasteroptimalaging.org/blog/detail/blog/2019/12/18/identity-on-the-plate-food-activities-can-help-older-adults-maintain-their-identity#.XjTfzuzVRUY.email>

Staying Up to Date

For the Best Possible Care

The 17th Geriatric Services Conference will be held on March 27, 2020, at the Vancouver Convention Centre. You can register for the conference and read about the exciting here: <http://geriatricconference.providencehealthcare.org/>

Dialogue on Aging Free Public Presentation: Doors open at 6:00 pm. Come early to browse the interactive displays and meet the researchers:
<http://publicpresentations.providencehealthcare.org/>

Important Dates

February 11, 2020

Home for Us Navigation Group

12:30 pm to 2:30 pm

4865 Heather Street

PHC/PRCC Office

March 27, 2020

Geriatric Services Conference

8:30am to 4:30pm

Vancouver Convention Centre

March 27, 2020

Dialogue on Aging Free Public Presentation

Innovations in Dementia and Healthy Aging: cutting edge research promotes success strategies for all.

6:00pm to 8:30pm

Vancouver Convention Centre