



Residential Care for Me Weekly Update - May 17, 2019

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of "**Megamorphosis**." This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most**, **residents direct each moment** and that **home is not just a place, it is a feeling**.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

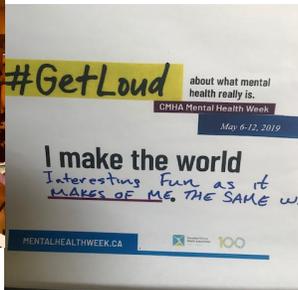


Every day, on Marguerite Place, at Youville residence, Michael comes to spend time with his beloved wife of over 60 years, Eleanor. They shared a full life together, raising a family and enjoying the theatre. Michael spent many years in New Zealand where he was a very active member of the local theatre scene. He performed in several musicals where he captivated his audience and wife with his amazing baritone voice. He also worked in radio and produced a radio documentary about one of his favourite tenors, Mario Lanza. Micheal expressed that Eleanor was his biggest fan and best critic. She would often give him feedback about his singing and they loved to laugh together. When he comes to visit his "darling" it is often at the same time of the day when I (music therapist) am on the neighbourhood. As they are both lovers of musical theatre, he has regularly been joining her in song, singing duets and serenading the group. Eleanor often lights up and greets him with a lovely warm smile as soon as he starts to sing. Michael has now been coming in prepared each day with a new song or two from a musical and shares the history of the song, then dazzles the group with his performance. We are so lucky to have his talent and to be able to work together to create meaningful moments not only for his wife, but for the other residents as well. Bravo Michael!

~Lorri Johnson, Music Therapist, Youville Residence

Kudos & Compliments

Highlights from the week



Celebrating Nursing Week and Mental Health Week: The HFH Residential Care Team Celebrated Nursing Week and Mental Health Week with a celebration. "This is how we connect and support each other by building relationships and celebrating our sense of purpose," says CNL Chat. Here are some pictures from their festivities.

It Takes a Village...

Your help is needed!

Do you need funding for your innovative idea in aging + brain health? The Centre for Aging + Brain Health Innovation (CABHI) has officially launched the 2019 Spark Program. CABHI is inviting point-of-care staff to accelerate their ideas into innovations that can improve the lives of older adults, persons with dementia and their care partners. The Spark program provides **up to \$50,000 (CAD)** in project funding over 12 months that can be used to develop and refine early stage solutions or to adapt and test a commercially available solution in a seniors' care environment. Two projects in our program have previously benefited from this grant: the prototyping of **IlluminAid** (in partnership with the Emily Carr Health Design Lab) and the **Cover and Comfort Wrap**. To learn more about this opportunity, you can visit: <https://www.cabhi.com/2019-spark-program-call/> The deadline is July 5, 2019.

Calling All Artists! We have an opportunity to design our own hand sanitizer dispenser covers! This will be a contest to create a more home-like, less institutional cover. Designs will be accepted from all homes and from anyone - residents, staff or families. The winning design will be voted on by residents, staff and families. You can email shardern@providencehealth.bc.ca for the template or to submit your artwork.

Working Group Members! Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <https://bit.ly/2HctSXQ>

Inspiration

Stories to Learn From

Lifetime Seniors Talks + Tables 2019: The *Vancouver Courier*, **Providence Health Care** and **St. Paul's Foundation** have once again partnered to produce the annual Lifetime Seniors Talks + Tables event, which this year takes place Wednesday, June 5, at VanDusen Botanical Garden. You can find out more about this public presentation series and the speakers who will be attending here: <https://bit.ly/2M5juEy>

Irish university develops robot to battle loneliness in the elderly: <https://bit.ly/2Ej9X6B>

Important Dates

May 21 & 28, 2019: 1400-1500

HFH Megamorphosis sustainment meeting - *All HFH residents, family and staff welcome!*

HFH North Wing

June 6, 2019: 1400-1500

MSJ Micromorphosis meeting - *All MSJ residents, family and staff welcome!*

MSJ Main Dining Room

June 7, 2019: 0800-1000

Residential Care for Me Working Group Meeting
Youville, 6th Floor