

## Residential Care for Me Weekly Update - August 3, 2018

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of "**Megamorphosis**." This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most**, **residents direct each moment** and that **home is not just a place, it is a feeling**.

### Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

**"If a person has recognition of a knife, they can use it!"** These were the reassuring words of Chiho Myojin, a dietician from Japan who is on sabbatical in Canada and has participated in the development of Therapeutic Cooking for the prevention and care of Dementia. Thanks to our amazing dietician at MSJ, Helen Yeung, residents at MSJ had the chance to make their own sushi with Chiho last week. Although staff were initially apprehensive, as making sushi involves fine chopping of vegetables, Chiho reassured staff who were feeling the need to do the chopping to protect the residents. We know that almost all of our residents were splendid cooks who supported their families, and many even owned and worked in a restaurant. After some brief conversation, our residents went right to it and safely chopped and rolled some of the best sushi I have tasted. Everyone talked and ate for hours. They helped each other and gave advice on what makes great rice. Staff and family commented on how many smiles filled the room and I noticed it as a point of pride when the residents were sharing the sushi they made with staff. It was so fantastic to see our staff let go of their own fears and change the way they view the residents after learning just how capable they are!

~Carrie Willekes & Helen Yeung



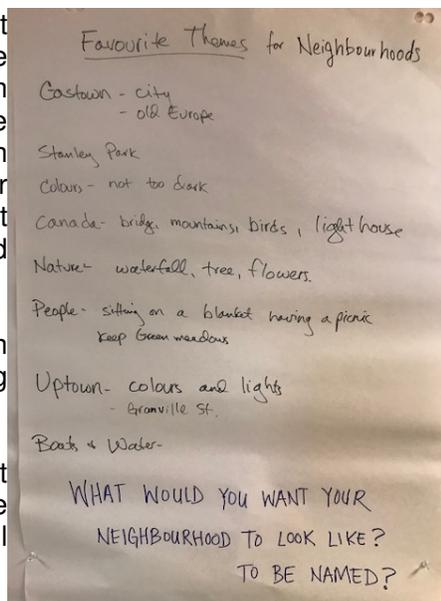
### Kudos & Compliments

## Accomplishments

**Holy Family Innovation:** The community at Holy Family met last week to continue discussions on how to make the home feel more lively and vibrant. The conversation focused on murals and neighbourhood themes. The group gave suggestions for the next mural and then worked together in groups to come up with themes and potential new names for their neighbourhoods. Popular looks were "Gastown", forest and mountains, and the bright neon lights of Granville St. and night.

**IlluminAid:** Congratulations to the IlluminAid Research Challenge team. Their proposal has been accepted for funding pending some minor revisions.

In the meantime, Youville asked to trial IlluminAid for a resident who frequently gets out of bed at night. After a few tweaks, we have found a setting that works for the resident and is helpful for staff!



## Inspiration

### Stories to Learn From

**Happy Pride Week!** In honour of pride week, we share this resource booklet from the UK on meeting the needs of older lesbian, gay, bisexual and transgender people using health and social care services: <https://bit.ly/2FDQAEU>

**The importance of resident engagement:** An interesting webinar that will explore some strategies that Schlegel Villages have used to engage residents in enhancing Village Life. You can register for the webinar here: <https://crlt-ltc.ca/event/resident-engagement-webinar/>

## It Takes a Village...

Your help is needed!

**Time to brag!** There is lots of great work happening across our homes that we should share. Submit your abstracts to the BC Patient Safety and Quality Council's Quality Forum! Deadline for submissions is **September 7, 2018**: <https://qualityforum.ca/call-abstracts-now-open/>

**Let's get the word out!** Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can sign up with Sonia at [shardern@providencehealth.bc.ca](mailto:shardern@providencehealth.bc.ca).

## Important Dates

**Aug. 9, 2018: 1400-1500**

Youville Community Gathering: **all Youville residents, family and staff welcome!**

*Heather Place Dining Room, Youville*

**Aug. 9, 2018: 1400-1500**

Holy Family Innovation Project Working Group Meeting: **all HFH residents, family and staff welcome!**

*HFH Main Dining Room*

**Aug. 14, 2018: 1000-1200**

Residential Care for Me Navigation Group Meeting  
*Youville, 6th Floor*