



Home for Us Weekly Update - October 25, 2019

Home for Us started as an innovation and improvement project to understand the long term care experience for residents, family, and staff. Building on the insights gathered from months of observations, interviews, focus groups, and surveys, we are now in the next phase of “**Megamorphosis**.” This phase aims to rapidly test ideas from residents, family, and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling**.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

At the end of August, MSJ said goodbye to summer with a BANG! The MSJ chimers, rhythm group, soloists and volunteers put on an End-of-Summer concert. The chimers practiced all summer long and wowed the crowd with familiar and popular tunes. The rhythm group chanted “We will rock you” in Cantonese. Solo performances were put on by our amazing volunteer Ernest Tse and MSJ’s own Karaoke King, Duong. Another one of our amazing volunteers Elizabeth Cho and the MSJ rehab team helped to make this concert successful.

The concert was well attended by residents, staff and family members. Towards the end, all who were present joined in, improvised and made music together. The energy was incredible. For one of our chimers, the event was extra special because her five daughters, along with her granddaughters and great granddaughter came to see her play!

All in all, it was an amazing afternoon. Everyone came together to celebrate the hard work our residents put in throughout the summer months. The performers were proud of themselves as each had an important role during the concert. Family members commented how their loved ones seem to be more youthful and full of energy that afternoon. The concert was so well-received we may have to make it an annual tradition at MSJ!

~ Eva Wong, MSJ Music Therapist



Inspiration

Stories to Learn From

The evidence for services to avoid delay residential aged care admission: a systemic review: <https://bit.ly/2qDoUfZ>

Research Rounds



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The use of physiotherapy in nursing home internationally: a systemic review: <https://bit.ly/2p6rcnd>



Our SQLI partner, the Ontario Centres for Learning, Research and Innovation in Long Term Care is hosting the second webinar in a two part series titled "How Do We Apply Culture Change to Caring For People Living With Dementia?" on November 26th 2019, 12:00-1:00pm EST.

The webinar will focus on ways long-term care homes can apply their culture change journey to ensure residents living with dementia thrive. In this webinar, Dr. Allen Power, Schlegel Chair in Aging and Dementia Innovation, will address the sensitive issues around balancing choice versus risk for people living with dementia.

Please click here to register: <https://bit.ly/2pKbM8g>

Important Dates

November 01, 2019 8:00-10:00am

Home for Us Working Group

Youville, 6th Floor

November 11, 2019 10:30am

Remembrance Day Service

BFH, BF3 Dining Room

November 16, 2019

CST Go Live for SPH, MSJ & HFH