



Home for Us Weekly Update - October 11, 2019

Home for Us started as an innovation and improvement project to understand the long term care experience for residents, family, and staff. Building on the insights gathered from months of observations, interviews, focus groups, and surveys, we are now in the next phase of **"Megamorphosis."** This phase aims to rapidly test ideas from residents, family, and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling.**

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



Lillian, Peggy and Chand had a great time at Baking knowing they were making something special for the Birthday celebration the next day.

Vicky Abundo, our rehab Assistant, put a great spin on the usual Baking recipe of muffins or cakes by choosing something that allowed multiple people to join in. Usually at Baking, only one person does the task of measuring, one the task of mixing but this time Vicky set it up with 3 stations. All 3 residents then had the opportunity to pick a color, measure ingredients and mix in their own bowl. Then VOILA, all 3 colors of batter came together to produce a beautiful result: the rainbow cupcake. Cutting into the cupcake was the best part as we could see the blend of all 3 colors mixed together.

I love Vicky's creative spark and how she comes up with program ideas that encourage active participation and giving the opportunity to be useful. Chand had a laugh because he made his own birthday cupcake! We think Youville's monthly Birthday party has a new tradition of rainbow cupcakes!



Sheralyn Manning, Rehab Assistant Youville Residence

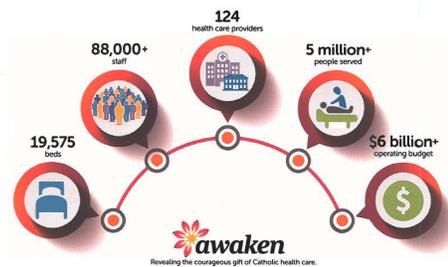
Kudos & Compliments

Highlights from the week

The inspiring work of Catholic health care organizations both within the Archdiocese of Vancouver and across Canada are being celebrated during **National Catholic Health Care Week from October 06-12.**

Catholic Health Care week highlights the deep respect and value in every person and commitment to serving people especially society's most vulnerable.

Catholic Health Care: facts at a glance



The Residential Medical Coordinators were delighted to welcome 4 physicians from China recently. The Chinese physicians were given tours at MSJ and also the opportunity to shadow a few PHC physicians in Acute Care, Wound Care and Geriatric Medicine. The group attended lectures about Seniors and End of Life Care followed by discussions of the differences and similarities between the two cultures. This was a wonderful opportunity for our out of country physicians to learn about elder care medicine practices in Canada.

Thank you to Drs Tekano, Wong, Sze and Greatheart and Carrie Willekes for coordinating this site visit.

It Takes a Village.....

Your help is needed!



Holy Family Stanley Park Launches Megamorphosis October 10

Caption: Mere, RCA from Hollywood at HF talks to Stanley Park staff and resident's about her experience of Megamorphosis

The people who support the residents in the Stanley Park Neighbourhood (formerly known as Maggie's' Place or N3) have bravely decided to go ahead with the next Megamorphosis despite the challenges of rolling out in parallel to CST. As well, Stanley Park is unique as it has no dedicated social space for residents and the ratio of staff to residents is different than the rest of Holy Family. So in true Megamorphosis fashion the team will work out what is achievable during the actual two week Megamorphosis January 6 to 17, 2020.

At the launch event on October 10, there was a crowd of about 25 people including a resident and three RCA's from Hollywood to talk about their Megamorphosis experience in January and February. They acknowledged they were very uncertain about the whole process at the beginning, and in the end focused on the very rewarding results of more engagement with residents, e.g. through baby dolls, more snacks and more choice for residents at breakfast.

During this season of Thanksgiving, I am very grateful to all of you for giving some of your valuable energy to Megamorphosis and building on the great work you already do for the people we support.

And as Rae said... "We are launched!"

~ Robena Sirett, Residential Redevelopment Clinical Planner

Inspiration

Stories to Learn From

"Love at First Sight": <https://bit.ly/35hnBTz>

Getting to know a person with dementia: the importance of memories: <https://bit.ly/31ZyhEz>

An extract from Amanda Waring's powerful award winning short film "What Do You See": <https://bit.ly/2iGMYKw>

Important Dates

October 14, 2019



November 01, 2019

Home for Us Working Group

*Youville Conference Room
and t-con line will be
available*

November 16, 2019

CST Go Live

SPH, MSJ & HFH