

PATIENT INFORMATION

Patient's Name: _____

You have an appointment in the Ultrasound Department on:

Date: _____ **Time:** _____

Please arrive 15 minutes early. This gives you time to check in. Please bring with you photo identification and your CareCard (personal health number).

Please do not bring your children with you unless you bring someone to care for them while you are having the test.

If you are not able to keep your appointment, please call **604-806-8161** as soon as possible. Please give us at least 24 hours notice so we can use your time for someone else. When you call, we will give you another date and time for your test.

Things you need to know

Why you need this test

A Hysterosonogram is an ultrasound of your uterus. Your doctor wants to know if there is an abnormality in the lining of your uterus.

Before your test

★ Please let us know if you are allergic to latex before this test. ★

How to prepare for your test

Please empty your bladder (go to the toilet or go pee) before the test. You can use one of the toilets in our department.

What happens during the test?

- We ask you to change into a hospital gown and take off your underwear.
- You are then asked to lie on top of a firm sponge on the bed.
- The doctor inserts a small metal tool called a “speculum” into your vagina in order to see your cervix (the opening to the uterus).
- The doctor then inserts a small catheter (a flexible, plastic tube) into the cervical canal (the lower part of the uterus).
- Once the small catheter is in place, the speculum is then removed.
- The doctor gently inserts an ultrasound probe (special ultrasound camera) into your vagina while the catheter is still in the cervix. The ultrasound probe looks like a small, thin tube.



How you want to be treated.

- The doctor uses the catheter to fill your uterus with saline (sterile salt water) and then moves the ultrasound probe to take pictures of your uterus.
- You may have some cramps when the saline flows into the uterus. It feels like menstrual cramps. Let us know if this happens.
- The test lasts about five minutes.
- You may want to clean up afterwards. You can use one of our washrooms to do this.

Please let us know if you are not feeling well after this test.

What to expect after the test

You may have mild vaginal spotting (tiny drops of blood) or cramps. There is very little risk that you will have an infection.

Please call your doctor or go to Emergency if you have:

- Vaginal bleeding that is more than spotting and is bright red
- Fever
- Menstrual-type cramps that do not go away
- Lower abdomen pain

How to get the results of your test

We send your ultrasound test results to your doctor as soon as possible. If your doctor does not have your results within two weeks, please ask your doctor to contact us.