

PATIENT INFORMATION

Patient's Name: _____

You have an appointment in the Ultrasound Department on:

Date: _____ **Time:** _____

Please arrive 15 minutes early. This gives you time to check in. Please bring with you photo identification and your CareCard (personal health number).

Please do not bring your children with you unless you bring someone to care for them while you are having the test.

If you are not able to keep your appointment, please call **604-806-8161** as soon as possible. Please give us at least 24 hours notice so we can use your time for someone else. When you call, we will give you another date and time for your test.

Things you need to know

Why you need this test

Either your prostate is enlarged or your Prostate Specific Antigen (PSA) blood levels are elevated.

How to prepare for your test

Take the antibiotic medicine your doctor gives you

One week before your biopsy - Stop taking blood thinners. This includes Aspirin.

Before your test

★ Please let us know if you are allergic to latex or freezing before this test. ★

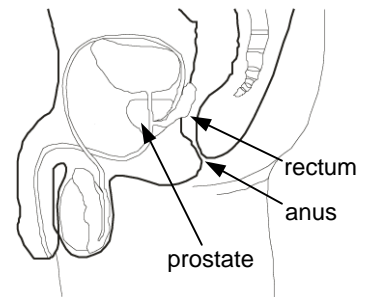
We ask you to change into a hospital gown. Please keep your clothing and personal things with you.

You may have a short wait before we can take you into the exam room.

In the exam room, we explain the test to you and ask that you sign a consent form.

What happens during the prostate ultrasound & biopsy?

We ask you to lie on your left side so the doctor can insert an ultrasound probe into your rectum (the lower part of the bowel pronounced 'rek-tum') to help us see the prostate. The ultrasound probe is a small, thin tubular camera which is used to guide the freezing and biopsy needles into the prostate gland.



To take a biopsy, the doctor:

- Injects local freezing into your prostate gland so you do not have any pain during the biopsy.
- Takes eight biopsies (small pieces of your prostate gland) with a special biopsy needle. You will hear a loud click each time the doctor takes a biopsy. It is important that you stay still and follow our instructions.
- We send the biopsy samples to the laboratory for testing.

Once the doctor finishes, the needle and ultrasound probe are removed.

We ask you to lie on your back for a few minutes.

You can then you can go to the washroom to clean up and get dressed. If you do not feel well after the test, please let us know.

Relax for the rest of the day. Do not do any hard work and do not lift heavy objects.

What to expect after the test

You may have some blood in your semen, stool, or urine after the prostate biopsy. Blood in the urine or stool should stop after a week. Blood in the semen might last for a few weeks. Call your doctor or go to Emergency if you have a lot of bleeding or if you are not able to go to the toilet (urinate or go pee).

It is possible to get an infection from a prostate biopsy. This is why it is important to take all the antibiotics the doctor gives you. Call your doctor or go to Emergency if you have a fever or if it hurts to go to the toilet (urinate or go pee).

How to get the results of your test

We send your ultrasound test results to your doctor as soon as possible. If your doctor does not have your results within two weeks, please ask your doctor to contact us.

The laboratory sends the results of your biopsy to your doctor separately.