

PATIENT INFORMATION

Patient's Name: _____

You have an appointment in the Ultrasound Department on:

Date: _____ **Time:** _____

Please arrive 15 minutes early. This gives you time to check in. Please bring with you photo identification and your CareCard (personal health number). You may have a short wait before we can take you into the exam room.

Please do not bring your children with you unless you bring someone to care for them while you are having the test.

If you are not able to keep your appointment, please call **604-806-8161** as soon as possible. Please give us at least 24 hours notice so we can use your time for someone else. When you call, we will give you another date and time for your test.

Things you need to know

What is an ultrasound test?

Ultrasound is a test that uses sound waves to take pictures of the inside of your body. It does not cause any pain.

How to prepare for your test

★ Please let us know if you are allergic to latex before this test. ★

- Abdominal Ultrasound for gallbladder:** You must eat a fat-free diet during the 12 hours before your test. Good food choices are clear broth, steamed vegetables, and fresh vegetables and fruits. Do not eat meats, seafood, poultry, dairy, fried foods, margarine, butter, and oils.
- Abdominal Ultrasound for any other reason:** You can eat a small, fat-free meal before your test.
- Bladder, Pelvis, or Obstetrical Ultrasound:** You must have a full bladder. For two hours before your test, **do not** go to the toilet (urinate or go pee). One hour before your test, drink one litre (four cups) of non-carbonated water. You can eat all foods.
- All other types of Ultrasound tests:** You can eat all foods.
We will take pictures of your: _____

What happens during the ultrasound test?

- During the test we put warm gel on your skin. We then slide an ultrasound probe (special camera) over this area while we take pictures of the inside of your body.
- We may ask you to move into different positions or to take a deep breath and hold it. The test may take as long as one hour.

How to get your test results

We send your ultrasound test results to your doctor as soon as possible. If your doctor does not have your results within two weeks, please ask your doctor to contact us.