

PATIENT INFORMATION

The Emergency Department doctor has ordered your ultrasound test. A clerk will call you at home to set up a time for your test.

If a clerk has not called you by 2:00 p.m. the day after you leave Emergency:

- Please call 604-806-8161 if you were seen in St. Paul's Hospital Emergency.
- Please call 604-877-8323 if you were seen in Mount Saint Joseph Hospital Emergency.

What is an ultrasound test?

Ultrasound is a test that uses sound waves to take pictures of the inside of your body. It does not cause any pain.

What do I need to do before the test?

★ Please tell us before the test if you are allergic to latex ★

- Abdominal Ultrasound for gallbladder:** You must eat a fat-free diet during the 12 hours before your test. Good food choices are clear broth, steamed vegetables, and fresh vegetables and fruits. Do not eat meats, seafood, poultry, dairy, fried foods, margarine, butter, and oils.
- Abdominal Ultrasound for any other reason:** You can eat a small, fat-free meal before your test.
- Bladder, Pelvis, or Obstetrical Ultrasound:** You must have a full bladder. For two hours before your test, **do not** go to the toilet (urinate or go 'pee'). One hour before your test, drink one litre (four cups) of non-carbonated water. You can eat all foods.
- All other types of Ultrasound tests:** You can eat all foods.
We will take pictures of your: _____

What happens during the ultrasound test?

- You may have a short wait before we can take you into the exam room.
- During the test, we put warm gel on your skin. We then slide an ultrasound probe (special camera) over this area while we take pictures of the inside of your body.
- We may ask you to move into different positions or to take a deep breath and hold it.
- During the test, you might see colour on the monitor or hear noise from the machine.
- The test may take as long as one hour.

How do I get the results of my test?

We send your ultrasound test results to your family doctor as soon as possible. If you do not have a family doctor, the results are sent to the Emergency Department where you can find out the results.

Questions I have: _____
