

FACT SHEET

The Mental Health Program at Providence Health Care (PHC) provides a range of coordinated inpatient, ambulatory and provincial services for people with serious mental illness. We provide comprehensive assessment, treatment, education and research across our services.

We specialize in:


Acute Psychiatry, which includes concurrent disorders, emergency department consultation and the treatment of severe mental illness. We have strong links to community mental health teams for follow up.

Our facilities include :

- **A Mental Health Assessment Unit**, which is a 13-bed locked assessment unit for the triage, treatment and management of acute and severe mental illness.
- **A Mental Health Treatment Unit**, which is a locked 20-bed unit focused on the treatment and comprehensive discharge planning for patients and families including (but not limited to) schizophrenia, bipolar affective disorder, major depression and concurrent disorders.
- **A Mental Health Treatment/Evaluation Unit**, which is a locked 15-bed unit focused on the treatment and comprehensive discharge planning for patients and families including severe and persistent mental illness, refractory mental illness and concurrent disorders.

Outpatient Psychiatry, includes outpatient assessment and short-term treatment. The option for group treatment is available through several specialized groups, such as Changeways. We also provide evidence-based group programming and therapy for patients.

Psychiatry Consults, which involves consultations with all areas of the hospital and includes a nurse educator/clinician.



Providence Health Care offers clinical and educational services in Vancouver, Canada.

Neuropsychology Consults, which provides consultations to multiple services within the Mental Health and Elder Care Program as well as specialized consults to other services within PHC (i.e. Cardiac Program, HIV & Addictions)

Eating Disorders, which provides tertiary and quaternary services for adults (17 years and older) throughout the province of British Columbia. The mandate includes clinical services, education, research, and outreach activities supporting a network of services spanning all regions of the province. PHC collaborates with PHSA in the delivery of the Specialized Eating Disorders Program for British Columbia. Our website is: <http://www.stpaulseatingdisorders.ca/>.

Our facilities include :

- **An Inpatient Eating Disorders Unit**, which is a seven bed inpatient unit for the most severe anorexia nervosa and bulimia nervosa patients in the province.
- **An Outpatient Eating Disorders Unit**, which provides specialized services for the province of British Columbia.

Reproductive Mental Health is a specialized provincial program between PHC and PHSA that treats patients throughout the province who experience psychiatric illness related to reproductive life events. Patients are treated both at the St. Paul's Hospital site (PHC) and the BC Women's Hospital site (PHSA).

Geriatric Psychiatry provides outpatient assessment and treatment as well as competency assessments. In partnership with the Elder Care Program at PHC, we link to the geriatric psychiatry unit located at PHC's Mount Saint Joseph Hospital in Vancouver.

The Pain Centre at St. Paul's Hospital has served as a pain treatment and management resource for patients throughout British Columbia and the Yukon Territory. The website is: <http://www.paincentresph.com/>
Our facilities include :

- Four inpatient beds, outpatient assessment/treatment and comprehensive day-program service. We are the only service for British Columbia and the Yukon Territory to implant spinal cord stimulators or intrathecal pumps for selected patients to manage pain.

Clinical Programs: Clinical support in the Mental Health Program includes five Clinical Nurse Leaders, one Clinical Nurse Leader/Patient Educator, one Patient Educator, one Concurrent Disorders Counselor, five Nurse Educators and a Clinical Nurse Specialist. We are committed to the development of a Quality Practice Environment (QPE) in Mental Health and surveyed all of our professional staff to develop a QPE plan that is currently being implemented. We received the highest accreditation award from the Canadian Council on Health Services Accreditation. Two Operation Leaders, partnered with their Physician Leader, oversee the operation of all clinical services. Each unit has regular monthly multidisciplinary team meetings and St. Paul's Hospital has a Nursing Council with representation from each clinical area. Our impressive patient outcomes, high patient satisfaction and low staff turnover are the result of our commitment to the mission, vision and values of

Providence Health Care as well as creating and sustaining a true quality practice environment.

Our Team: At PHC, our professionals have a strong voice — as integral members of interdisciplinary health care teams, as highly skilled care providers, as researchers and as individuals with unique needs and preferences. If you value innovative teamwork, excellence in care, educational opportunities and an enriching lifestyle, consider a career at Providence Health Care. Join us. Be heard.

Our multidisciplinary teams include nursing, psychiatry, pharmacy, psychology, concurrent disorder counselors, family practice, occupational therapy, physical therapy, recreation therapy, social work, dietitians, rehab assistants, aides, unit coordinators, residents, students, pastoral care and volunteers.

For more information, visit our website at:
<http://www.providencehealthcare.org>



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