

Conference Focus:

- Provide a forum for discussion of the place of spirituality and healing within health care.
- Share insights and lessons learned from research and/or daily living in the area of spirituality, healing and health.
- Understand the relationship between healing and spirituality.
- Identify spiritual issues as part of the diagnostic and healing process
- Acknowledge the impact of personal spirituality of health provider, patient and resident upon health outcomes
- Incorporate spirituality into your administrative, clinical, educational and other daily activities.

Operative Definitions for the Conference:

Spirituality:

The search for the Sacred. A conscious striving to move beyond isolation and self-absorption to a deeper awareness of interconnectedness with the self, other human beings and the transcendent. (*Health Ethics Guide*)

Spirituality is the belief system focusing on the intangible elements that impact vitality and meaning to life's events. (Maughans...The SPIRITual History, Archives of Family Medicine, 5:11-16).

Healing:

Healing is more than curing a disease. Healing takes into account the wholeness of the person, recognizing the interrelationship of body, mind and spirit. It involves the restoration of balance and acknowledges the role spirituality and/or religious belief can play in the healing process.

Conference Venue

The conference will be held at the Coast Plaza Hotel and Suites in the heart of Vancouver's colourful and cosmopolitan West End. On your doorstep is the 400-hectare Stanley Park, with walking and bicycle paths and a pedestrian seawall that takes you to the beaches and the world-famous Vancouver Aquarium. Less than a kilometre away, the city's downtown financial, business, shopping and entertainment centre awaits you.

Dr. Shabbir Alibhai, MD, MSc, FRCP(C)



Dr. Alibhai completed medical school training in 1993 and went on to specialize in internal medicine and geriatric medicine. He then obtained a Master's in Clinical Epidemiology, all at the University of Toronto. Dr. Alibhai is currently on staff as a geriatrician and researcher at the University Health Network and Toronto Rehabilitation Institute, and is a Research Scientist with the National Cancer Institute of Canada. He is also an Assistant Professor in the Departments of Medicine and Health Policy, Management and Evaluation at the University of Toronto. Dr. Alibhai has a long-standing personal and educational interest in religious biomedical ethics and spirituality. He has lectured and published on biomedical ethics, been featured in multiple media interviews and is a local expert on Islamic bioethical issues. His research interests are in cancer in older adults.

Dr. Tom Maddix, CSC, DMin

Tom Maddix, CSC, D. Min, joined Providence Health Care, Vancouver, BC in August 2004 as Vice President of Mission, Ethics & Spirituality. Prior to joining Providence, Tom was Vice President, Organizational Advancement, with the Caritas Health Group in Edmonton. He also served for 10 years as Director of Mission Services for the Alberta Catholic Health Corporation and taught courses at St. Stephen's Theological College at the University of Alberta and the University of St. Michael's College, Toronto. Tom received his Doctor of Ministry in Organizational Ethics and Spirituality from the Pacific School of Religion in Berkeley, California as well as an MA in English (Notre Dame University) and an MA in Social and Organizational Ethics (Pacific School of Religion). He is also author of the book, "Running Scared: A Call to Pilgrimage," as well as co-author of two other books, "Journey to Wholeness: Healing Body, Mind and Soul" with Ian Soles and "Knowing Your Ethical Preferences" with Christopher Levan. Tom has also contributed to two other books and has written numerous articles.



Dr. Daniel P. Sulmasy, OFM, MD, PhD

Dr. Sulmasy, a Franciscan Friar, holds the Sisters of Charity Chair in Ethics at St. Vincent's Hospital, Manhattan, and serves as Professor of Medicine and Director of the Bioethics Institute of New York Medical College, Valhalla, NY. He received his A.B. and M.D. degrees from Cornell University and completed his residency, chief residency, and post-doctoral fellowship in General Internal Medicine at the Johns Hopkins Hospital. He received his Ph.D. in philosophy from Georgetown University in 1995. From 1991 to 1998 he served on the faculty at Georgetown, where he was Director of the Center for Clinical Bioethics and Senior Research Scholar of the Kennedy Institute of Ethics. Dr. Sulmasy was a Soros Faculty Scholar of the Project on Death in America, and is presently a member of the Board of Directors of the American Society for Bioethics and Humanities. His research interests include both theoretical and empirical studies of end-of-life decision-making, ethics education, and the ethics of cost-containment in medicine. He is the author of a book on spirituality for health care professionals, entitled "The Healer's Calling", and is co-editor of "Methods in Medical Ethics", published by Georgetown University Press in 2001. He serves as editor-in-chief of the journal, *Theoretical Medicine and Bioethics*, with numerous articles appearing in medical, philosophical, and theological journals and he has lectured widely both in the U.S. and abroad.

For more information or registration forms, please contact:

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www.providencehealthcare.org

Naming & Claiming

Spirituality

the invisible ingredient in
health & healing

May 2 - 3, 2006
Vancouver,
British Columbia

Providence Health Care of Vancouver, British Columbia invites you and your colleagues to participate in our first bi-annual conference that explores the integral relationship between spirituality, health and healing

Providence welcomes:

- Physicians and other health care clinicians
- Health care executives and managers; researchers
- Government leaders
- Instructors especially in medicine, nursing and other health disciplines
- Community and social services practitioners
- Primary care and religious leaders
- Educators, patients and families and all those interested in the topic



How you want to be treated.

Naming & Claiming Spirituality: The Invisible Ingredient in Health and Healing

PROGRAM

Tuesday, MAY 2ND, 2006

Wednesday, MAY 3RD, 2006

1:00

Welcome and Conference Objectives

1:15

Opening Address:
Is Health Care a Spiritual Practice?

Dr. Daniel Sulmasy, OFM, MD, PhD with introduction by Dr. David Kuhl, MD, PhD

CONCURRENT SESSIONS:

For detailed information on the concurrent sessions, please visit our website:
www.providencehealthcare.org/events.html

2:30 - 4:30

A Sociological Shaping of Spirituality

REV. DR. VINK CASE, Site Coordinator, Foothills Medical Centre, Calgary, AB

Spirituality & Suffering:
Lessons Learned When Serious Illness Arises

LORRAINE M. WRIGHT, RN, PhD, Professor Emeritus of Nursing, University of Calgary, Marriage and Family Therapist, Calgary, AB

2:30 - 3:30

Addressing Compassion Fatigue:
Nourishing the Soul of the Caregiver

REV. DR. DEAN V. MAREK, Director, Chaplain Services, Mayo Clinic, Rochester, MN, USA

A Journey out of Darkness into the Light

ANN COOMBS, Thought Leader, Coombs Consulting Ltd., Vancouver BC

The Eden Alternative Journey at Providence Health Care – Seeing Our Communities with New Eyes

DR. ELIZABETH DRANCE, Physician Program Director Elder Care, Providence Health Care, Vancouver, BC

Physicians & Nurses Practices & Referral Patterns to Spiritual Care/Chaplaincy Service Department at Providence Medford Medical Centre

BART RODRIGUES, MDiv, MA, MBA, Regional Vice President Mission/Ethics, St. Vincent Healthcare and SCLHS Montana Region, Billings, MT, USA

Integration of Spirituality into Clinical Care

JEAN McQUIGGEN, BCC, Pastoral Services Department, Providence St. Vincent Medical Center, Portland, OR

3:45 - 4:45

Where There is Hope There is Life

RICK SINGLETON, BA, MDiv, DMin, Director, Eastern Region Integrated Health Authority, St. John's, NL

Burnout & Spirituality: Understanding the Integration for Both Prevention & Recovery

WENDY PANTON, Operations Leader, Special Projects, Providence Health Care, Vancouver, BC

Developing a Spirituality & Health Education Program for a Family Medicine Residency Program

REV. DR. DOUGLAS R. KELLOUGH, B.Sc., MDiv, MTh, DMin, Chaplain/Instructor St. Boniface General Hospital, Winnipeg, MB

Domestic Abuse: How it Impacts Hope & Spirituality Connectedness

KATHLEEN MACKAY, MSW, BSW, BSc, Coordinator, Domestic Violence Programs, Providence Health Care and Vancouver General Hospital, Vancouver, BC and

HEIDI LOWTHER, Student, Douglas College, Vancouver, BC

Spiritual Assessment: Importance & Application to Clinical Practice

KATHERINE PIDERMAN, PhD, Chaplain, Mayo Clinic, Rochester, MN

5:00 Close of Day

8:45

Welcome, Opening Reflection and Outline of Day

9:00

Plenary Session: Spirituality in Older Adults: Intersections with Health and Illness.

DR. SHABBIR M. H. ALIBHAI, MD, MSc, FRCP (C)

10:00 - BREAK

CONCURRENT SESSIONS:

10:15 - 12:15

Watching Hope Grow: Making Hope Visible in Healthcare Settings

CAROL J. VOGLER, PhD, MDiv, Chaplain, The Caritas Health Group, Edmonton, AB and

DENISE J. LARSEN, PhD, C. Psych, Director of Research & Programs, The Hope Foundation & Associate Professor, Department of Educational Psychology, University of Alberta, Edmonton, AB

Fostering Spirit at Work in Long-Term Health Care Staff

VAL KINJERSKI, MSW, PhD, RSW, Director, Spirit at Work Consultant, Kaizen Solutions for Human Services, St. Albert, AB

Healing our Dying

DR. MICHELE CHABAN, RSW, PhD, The Temmy Latner Center for Palliative Care, University of Toronto/University of Wales/Health Canada, Toronto, ON

10:15 - 11:15

Collective Soul: The Spirituality of an Interdisciplinary Palliative Care Team

SHANE SINCLAIR, MDiv, BA, Palliative Care Chaplain, Calgary Health Region, Foothills Medical Centre, Calgary, AB

The Role of Spirituality in Recovering from Depression & Community Mental Health Professionals' Perspectives on Incorporating Spirituality in their Care of Clients with Serious Mental Illness

SAROJNI RAJAKUMAR, BSN, MSN, Nursing Instructor and Nurse Clinician, Langara College and UBC Hospital and

NANCY CLARK, BSN, MSN, Community Mental Health Nurse, Vancouver Coastal Health Authority, Vancouver, BC

Spiritual Care & Spiritual Nurturing Program for Chinese Older Persons

KA YEE MARCELLA LO, BA, MDiv, Chaplain, Haven of Hope Christian Service, Hong Kong

STEVEN TAM, Associate Professor, HK Baptist Theological Seminary, Hong Kong

ANTONY C.T. LEUNG, PhD, MRCP, MBBS, Hospital Chief Executive, Haven of Hope Hospital, Hong Kong

Beyond Words: The Gift of Music – Thanatology as a Component of Spiritual Care

SILE C. HARRIS, BA, MA, MusicThanatologist, Providence Portland, Medical Center, Portland, OR, USA and

LAURA MOYA LAMM, Music Thanatologist, Providence Portland St. Vincent's Medical Centre, Portland OR

11:25 - 12:25

"End of Life Ethical Dilemmas - Secular and Islamic Perspectives. A Case-Based Approach"

DR. SHABBIR M. H. ALIBHAI, MD, MSc, FRCP(C), Staff Physician, Internal Medicine & Geriatrics, University Health Network, Consultant Geriatrician, Toronto Rehabilitation Institute & Assistant Professor, Departments of Medicine and Health Policy, Management, and Evaluation, University of Toronto, Toronto, ON

Metamorphosis: Spiritual Transformation as Response to Suffering & Trauma

DR. NANCY C. GODDARD, BScN, MN, PhD, Nursing Instructor & Professor, Red Deer College, Sylvan Lake, AB

Accidental Communities:
The Role of a Hospital-Based Support Group in Surviving HIV/AIDS

WALLACE ROBINSON, BA, MSW, Social Worker, Providence Health Care, Vancouver BC and

MARY S. PETTY, BA, MSW, PhD, Social Worker, Providence Health Care, Vancouver, BC

Sacred Vocation:
Helping Health Care Employees Rediscover Meaning in their Work

SAMUEL E. KARFF, DHL, AB, Associate Director, The John P. McGovern, M.D. Center for Health, Humanities and the Human Spirit and Visiting Professor, University of Texas Health Science Center at Houston, School of Medicine, Houston, TX, USA

12:30 - 1:30 • LUNCH

1:45

Plenary Session:
Spirituality and Healing: An Ancient Tradition

DR. THOMAS D. MADDIX, CSC, DMin

3:00

Closing Address:
Dignity, Vulnerability, and the Care of the Marginalized Patient

DR. DANIEL SULMASY, OFM, MD, PhD

4:30 • Closing

ACCOMMODATION:

Rooms with a very discounted rate have been reserved for conference participants and their guests at the Coast Plaza Hotel & Suites, 1763 Comox Street, Vancouver, British Columbia as follows:

Comfort Room

Single/Double Occupancy \$159.00

One Bedroom Suites

Single/Double Occupancy \$199.00

Reservations must be made before April 1, 2006 in order to receive this rate.

Reservations can be made in either of two ways:

1. By calling the hotel directly and quoting "Providence Health Care-Spirituality Conference" when booking your room.
2. By using the Online Booking system to book your own room - on the hotel website link as follows:
<http://www.coasthotels.com/home/sites/vancouvercoastplaza/> - enter the dates and in the box for "Booking Code" type in SPIRIT (all caps)

The hotel will also honour this special rate three days prior and three days following the conference.

Coast Plaza Hotel & Suites

1763 Comox Street, Vancouver, British Columbia, V6G 1P6, Canada
Toll Free: 1-800-663-1144 or Direct Telephone: 604-688-7711
www.coasthotels.com

